

We're Dynamite, Oh

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Laura Woyaffe (BEL) - June 2022
音乐: Dynamite (feat. Sia) - Sean Paul



Begin dance on Sean Paul lyrics (after 32 counts)

SIDE, MAMBO, SIDE, MAMBO, FWD & BACK MAMBO, STEP, STEP, TOES UP

1-2& RF step side right, LF rock back, recover weight back on RF (&)
3-4& LF step side left, RF rock back, recover weight back on LF (&)
5& RF rock forward, recover weight back on LF (&)
6& RF rock back, recover weight back on LF (&)
7& RF step forward, LF step next to RF
8& Lift toes up putting weight on the heels (RF & LF in the same time) and recover (&)

BACK, BACK, COASTER STEP, FWD & SIDE MAMBO, BEHIND SIDE CROSS

1-2 RF step back, LF step back
3&4 RF step back, LF step next to RF, RF step forward
5& LF rock forward, recover weight back on RF (&)
6& LF rock side left, recover weight back on RF (&)
7&8 LF cross behind RF, RF step side right, LF cross over RF

(&) HEEL, HOLD, & TOUCH, & HEEL, CROSS, SIDE, SAILOR STEP

&1-2 RF step side right (&), LF heel to L diagonal (1), hold (2)
&3 LF recover (&), RF touch next to LF (3)
&4 RF step side right (&), LF heel to L diagonal (4)
&5-6 LF recover (&), RF cross over LF (5), LF step side left (6)
7&8 RF cross behind LF, LF step next to RF, RF step side right

¼ TURN, ½ TURN, COASTER STEP, & WALK, WALK, SIDE, TOUCH, SIDE, RECOVER

1-2 ¼ turn to the left (weight on LF), ½ turn to the left (weight on RF)
3&4 LF step back, RF step next to LF, LF step forward
&5-6 RF step lock (&), LF step forward (5), RF step forward (6)
7& LF step side left, RF touch next to LF (&)
8& RF step side right (8), LF step next to RF (&)

• RESTARTS :

- 1'25 - after 16 counts on wall 4 (facing 9:00)
- 2'32 - after 16 counts on wall 8 (facing 6:00)

Note : after the behind side cross, mark a short "hold" to restart the dance on the music beat.

CONTACT :

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Laura Woyaffe (Choreography) on Facebook