

Sabor

拍数: 48 墙数: 4 级数: Intermediate Cha Cha
编舞者: Jason Takahashi (USA) - June 2022
音乐: Cuba (Tiene Sabor) (feat. Omara Portuondo) - BUNT.



Dance begins after 16 counts - No Tags - 2 Restarts

[1-9] L Side, Close, Forward, Cha Cha Forward, Rock Forward, Recover w/ L Sweep, ¼ L Sailor Step

1 2 3 Step L to L (1), Close R next to L (2), Step L Forward (3) [12:00]
4&5 Step R Forward (4), Close L behind L (&), Step R Forward (5) [12:00]
6 7 Rock Forward on L (6), Recover onto R w/ Sweeping L from front to back (7) [12:00]
8&1 Cross L behind R beginning ¼ Turn L (8), Step R in place completing ¼ Turn L (&) [9:00],
Step L to L (1) [9:00]

[10-16] Hold, & Side, Hold, & Side, Cross, ¾ Spiral L, Side Rock, Recover

2 Hold (2) [9:00]
&3 Step R next to L (&), Step L to L (3) [9:00]
4 Hold (4) [9:00]
&5 Step R next to L (&), Step L to L (5) [9:00]
6 7 Cross R over L (6), ¾ Spiral L, weight ending on R (7) [12:00]
&8 Rock L to L Side (&), Recover onto R (8) [12:00]

Style note: To emphasize musical hit, can "step with intent" on the "Recover" on Count 8

[17-23] Cross, Point, ¾ R Hook, Cha Cha Forward, Pivot ½ R

1 2 3 Cross L over R (1), Point R to R (2), Turn ¾ R Hooking R over L (3) [9:00]
4&5 Step R Forward (4), Close L behind L (&), Step R Forward (5) [9:00]
6 7 Step L Forward (6), Pivot ½ R, weight ending on R (7) [3:00]

Restart here on Wall 6 (w/ Step Change):

***8 Touch L next to R**

[24-32] Botafogo x3, Forward, ½ L, Ball-Cross

8&1 Cross L over R (8), Rock R to R (&), Recover onto L (1) [3:00]
2&3 Cross R over L (2), Rock L to L (&), Recover onto R (3) [3:00]
4&5 Cross L over R (4), Rock R to R (&), Recover onto L (5) [3:00]
6 7 Step R Forward (6), Turn ½ L on R, keeping weight on R (7) [9:00]
&8 Step ball of L next to R (&), Cross R over L (8) [9:00]

Restart here on Wall 1 [9:00]

[33-40] Side, Cross Rock, Recover, R Side Cha Cha, Modified Jazz Box ¼ L

1 2 3 Step L to L (1), Cross Rock R over L (2), Recover onto L (3) [9:00]
4&5 Step R to R (4), Step L next to R (&), Step R to R (5) [9:00]
6 7 8 Cross L over R (6), Begin ¼ L Stepping back on R (7), Finish ¼ L Stepping L Forward (8) [6:00]

[41-48] ¼ Hip Rolls x2, Kick-Ball-Point, Close w/ ¼ L Sweeping R Across

1 2 Step R Forward (1), Turn ¼ L Stepping L slightly forward (2) [3:00]
3 4 Step R Forward (3), Turn ¼ L Stepping L slightly forward (4) [12:00]

Styling Tip: Roll Hips Counter(Anti) Clockwise as you step from R to L (Hips will move from L to back)

5&6 Kick R forward (5), Step ball of R next to L (&), Point L to L (6) [12:00]
7 8 Close L next to R, beginning ¼ L while Sweeping R from back to front (7), Finish ¼ L crossing R over L (8) [9:00]

Restarts: Restarts are on Wall 1 (after 32 counts, facing [9:00]) and Wall 6 (after 24 counts, with step change,

facing [12:00]

Ending: The music slows after Count 16 on Wall 8 (facing 9:00) and begins to fade. Slow down the tempo and continue dancing through Count 29 (the last botafogo), ending facing 12:00. See demo video for reference.

Last Update: 8 Jul 2022
