

Jumanji

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mikael Mölsä (FIN) - June 2022
音乐: JUMANJI (feat. Cancun) - HEDEGAARD : (CD: Oblivion)



Starting point: At the vocals, about 0:11.

SIDE STEP, HIP ROLLS, STATIONARY SAMBA WALKS

- 1-2 Step left to left side, roll hips counterclockwise one full rotation
- 3-4 Roll your hips counterclockwise one full rotation, roll your hips counterclockwise one full rotation
- 5-6& Step right forward, rock left back, recover weight back to right
- 7-8& Step left forward, rock right back, recover weight back to left

BOTAFOGOS, CHEST PUMPS

- 1&2 Step right across left, step left to left diagonal, step right to right diagonal
- 3&4 Step left across right, step right to right diagonal, step left to left diagonal
- 5& Step right across left, step left to left side (feet are shoulder wide apart)
- 6& Pump your chest forward, return your chest back to center (weight remains on left)
- 7& Pump your chest forward, return your chest back to center (weight remains on left)
- 8& Pump your chest forward, return your chest back to center (weight remains on left)

SIDE STEP, VOLTAS, STEP TOGETHER, VOLTAS

- 1-2 Step right to right side, step left across right
- &3 Step right to right side, step left across right
- &4 Step right to right side, step left across right
- &5 Step right to right side, step left next to right
- 6& Step right across left, step left to left side
- 7& Step right across left, step left to left side
- 8 Step right across left

1/4 LEFT TURNING STEP FORWARD, 2x 1/4 LEFT TURNING HIP ROLLS, STEP FORWARD, BATUCADAS

- 1 Turn 1/4 to left and step left forward
- 2& Start rolling your hips counterclockwise while turning 1/8 to left (weight is on right), transfer weight to left while completing the full counterclockwise hip roll
- 3& Start rolling your hips counterclockwise while turning 1/4 to left (weight is on right), transfer weight to left while completing the full counterclockwise hip roll
- 4& Start rolling your hips counterclockwise while turning 1/8 to left (weight is on right), transfer weight to left while completing the full counterclockwise hip roll
- 5 Step right forward
- 6&a Step left forward, recover weight back to right, step left back
- 7&a Step right forward, recover weight back to left, step right back
- 8&a Step right forward, recover weight back to left, collect left next to right (weight remains on right)

Note: During counts 2-4& you'll turn 1/2 to left. Don't get too picky on how much you turn with each move. All three moves turn you total of 1/2 to left and that's all there is to it. There is also an easier option below for the last 4 counts if batucadas are not your thing.

The easier option:

TOE TOUCHES MOVING BACKWARDS

- 5 Step right forward
- 6& Touch left toe forward, step left back

7& Touch right toe forward, step right back
8 Touch right toe forward

REPEAT
