

Hip's Don't Lie

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Beginner
编舞者: Conny Cleo (INA) - May 2022
音乐: MAMIII / Hips Don't Lie (feat. Wyclef Jean) (Mixed) - KAROL G, Becky G. & Shakira



No Tag No Restart

SEC 1 : STEP FORWARD 3x TOUCH, STEP BACK 3x TOUCH

1 2 RF step forward, LF step forward
3 4 RF step forward, LF touch next RF
5 6 LF step back, RF step back
7 8 LF step back, RF touch next LF

SEC 2 : SIDE TOGETHER SIDE 2x

1 2 RF step to side, LF together
3 4 RF step to side, LF touch next RF
5 6 LF step to side, RF together
3 4 LF step to side, RF touch next LF

SEC 3 : MAMBO FORWARD, MAMBO BACK, MAMBO SIDE

1&2 Rock RF forward, recover on LF, Step RF beside LF
3&4 Rock LF back, recover on RF, Step LF beside RF
5&6 Rock RF to R, recover on LF, Step RF beside LF
7&8 Rock LF to L, recover on RF, Step LF beside RF

SEC 4 : CROSS SHUFFLE , PONY STEP, ¼ PIVOT

1 & 2 Cross RF over LF, Step LF to side , Cross RF over LF
3 & 4 ½ Turn L cross LF over RF, Step RF to side, Cross over RF
&5 & 6 Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF
7 8 (1/4) Step RF forward, ¼ turn L weight on LF

ENJOY THE DANCE

For more info contact me : Connygisella72@gmail.com