

Teke Teke

拍数: 32 墙数: 2 级数: Phrased Improver
编舞者: Patricia Soran (AUT) - June 2022
音乐: El Teke Teke - Carlos Vives, Black Eyed Peas & Play-N-Skillz



Intro: 16 Counts

Phrasing: AA, BB, AAA, BB, AA, BB, AA, B

PART A (16 COUNTS):

[1 – 8]: Heel Grind, Step together R, Cross-Shuffle, ¼-turn right, ¼-Step-Turn, Cross-Shuffle

1-2& Cross right heel over LF; Step to side with LF (RF still on heel); Step together with RF
3&4 Cross LF over RF; Step RF near behind LF; Cross LF over RF
5-6& ¼-turn right (3.00) and step fwd. with RF; Step fwd. with LF; ¼-turn right (6.00) and step on RF
7&8 Repeat Counts 3&4

[9 – 16]: Side-Mambo R+L, 3x Back with Knee Pops, Step together L

1&2 Rock RF to side; Recover on LF; Step together with RF
3&4 Rock LF to side; Recover on RF; Step together with LF
5-8 Small Step back with RF and pop left knee; Small Step back with LF and pop right knee;
Small Step back with RF and pop left knee; Step together with LF

PART B (16 COUNTS):

[1 – 8]: Diagonal Shuffle fwd. with touch R+L; Diagonal Shuffle back R+L

1&2& Step diagonally fwd. with RF; Step LF near behind RF; Step diagonally fwd. with RF; Touch LF to RF
3&4& Step diagonally fwd. with LF; Step RF near behind LF; Step diagonally fwd. with LF; Touch RF to LF
5&6& Step diagonally back with RF; Step LF near RF; Step diagonally back with RF; Touch LF to RF
7&8& Step diagonally back. with LF; Step RF near LF; Step diagonally back with RF; Touch RF to LF

[9 – 16]: 2x Out-Out on heels and In-In with ¼-turn left; V-Step

1&2& Step to side on right heel; Step to side on left heel; ¼-turn left (9.00) and back to center with RF; Step together with LF
3&4& Repeat Counts 1&2& (now facing 6.00)
5-8 Step diagonal fwd. with RF; Step to side with LF; Back to center with RF, Step together with LF (shake your hands, hips, shimmy or anything fun)

ENJOY!

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