

Best Bad Friend

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Sonny V. (DE) - May 2022
音乐: Best Bad Friend - Michael Patrick Kelly & Rea Garvey



Intro: 16 counts, start with lyrics

*2 RESTARTS after 16 cts.

[1-8] Kick & Point, Kick & Point, Cross, Back, Shuffle ½ Turn Right

1&2 RF kick fwd. – RF slightly fwd – LF point left
3&4 LF kick fwd. – LF slightly fwd. – RF point right
5-6 RF cross LF – LF back
7&8 RF ¼ turn right (3:00) – LF next to RF – RF ¼ turn right (6:00)

[9-16] Swivel ½ Turn Right, Coaster Step, Walk, ¼ Turn Left, Sailor Step

1&2 LF fwd. – bring R heel in turning ¼ right (weight change to RF) (9:00) – bring L heel out turning ¼ further right (weight change to LF with R toes lifting up (12:00)
3&4 RF back – LF next to RF – RF fwd.
5-6 LF walk fwd. – ¼ turn left step on RF (9:00)
7&8 LF behind RF – RF out right – LF out left

*RESTART the dance here in wall 3 (3:00) and wall 6 (6:00)

[17-24] (Cross & Cross & Cross, Out Close) x2

1&2& RF cross LF – LF slightly left – RF cross LF – LF slightly left
3&4 RF cross LF – LF out to left side – RF close to LF
5&6& LF cross RF – RF slightly right – LF cross RF – RF slightly right
7&8 LF cross RF – RF out to right side – LF close to RF

[25-32] Behind Side Cross, Left, Full Turn Right, JUMP BACK (arm move), HOLD, Coaster Step

1&2 RF behind LF – LF left – RF cross over LF
3&4 LF left – ½ turn right step on RF (3:00) – ½ turn further right step on LF (9:00)
5-6 jump back on RF lifting LF up (fold arms in front of your body) – HOLD this position
7&8 LF back – RF close next to LF – LF fwd.

Start again and have fun!

Your feedback is welcome on this channel or just mail to s.vocke@gmx.net or dancing-unicorn@gmx.net

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