

No Pare (Don't Stop)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Erni Jasin (INA) - May 2022
音乐: No pare (feat. Shainy El Brillante) - Grazia Guerra : (Album: Sueño Latino)



Intro : 32 Counts (Start on Vocal) No Tag /Restart!!

SECTION 1 : BALL STEP OUT OUT, IN IN - BACK SHUFFLE R&L

1 - 4 Ball step RF diagonally fwd (1), Ball step LF diagonally fwd (2), Step RF back to center (3),
Close LF beside RF (4)
5&6 Step RF back (5), Step LF beside RF (&), Step RF back (6)
7&8 Step LF back (7), Step RF beside LF (&), Step LF back (8)

SECTION 2 : OUT OUT - COASTER STEP - WALKS - PIVOT 1/4 TURN R

1 2 Step RF out to R diagonal (1), Step LF out to L diagonal (2)
3&4 Step RF back (3), Step LF beside RF (&), Step RF fwd (4)
5 6 Step LF fwd (5), Step RF fwd (6)
7 8 Step LF fwd (7), make 1/4 turn R Step RF in place (8) (3:00)

SECTION 3 : L TOE STRUT - R 1/4 TURN R TOE STRUT - ROCK FWD - RECOVER - 1/4 TURN L SAILOR

1 - 4 LF fwd toe strut (1), Drop L heel (2), make 1/4 turn R, RF fwd toe strut (3), Drop R heel (4)
(6:00)
5 6 Rock LF fwd (5), Recover on RF (6)
7&8 Make 1/4 Turn L Cross LF behind RF (7), Step RF to side (&), Step LF in place (8) (3:00)

SECTION 4 : CROSS - SIDE - CROSS - POINT - JAZZ BOX - BIG STEP SIDE - TOUCH

1 - 4 Cross RF over LF (1), Step LF to side (2), Cross RF over LF (3), Touch LF to side (4)
5 - 8 Cross LF over RF (5), Step RF back (6), LF Big Step /Slide to L side (7), Touch RF beside LF
(8)

Have fun & Happy dancing

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