

Freedom

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - May 2022
音乐: Freedom - Pharrell Williams : (Amazon/ Apple Music/ Deezer)



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(approx.20 seconds into track, 4 counts before start of lyrics)

[S1] 2x Paddle Turn 1/4L, Side Switches, Heel-&-Tap-&-Heel-&-Tap

1&2& Touch forward on R, Make a 1/4 turn left recover weight on L, Touch forward on R, Make a 1/4 turn left recover weight on L (6:00)
3&4& Point R to the side, Step R together, Point L to the side, Step L together
5&6& Tap R heel forward, Step down onto L, Tap L toe beside R, Step down onto L
7&8 Tap R heel forward, Step down onto L, Tap L toe beside R

[S2] Back-Touch-1/4R, Back-Touch-1/4L, Back-Back-Back-Heel Swivels-Hitch

1&2 Step back on L, Touch back on R, Make a 1/4 sharp-turn right weight on L (9:00)
3&4 Step back on R, Touch back on L, Make a 1/4 sharp-turn left weight on R (6:00)
5&6 Step back on L, Touch back on R, Step back on L
&7&8 Swivel both heels out, Swivel both heels inwards, Swivel both heels out, Swivel both heels inwards weight ends on L** - Restart here on Wall 3
& Hitch R knee forward

[S3] Step-Lock-Step, Step-1/4R-1 and 1/2 Turn R Backwards, Coaster Step into Fwd Shuffle

1&2 Step forward on R, Lock/step L behind R, Step forward on R
3& Step forward on L, Make a 1/4 turn right recover weight on R (9:00)
4& Make a 1/2 turn right stepping back on L, Make a 1/2 turn right stepping forward on R (9:00)
5 6& Make a 1/2 turn right stepping back on L (3:00), Step back on R, Step L next to R
7&8 Step forward on R, Step L next to R, Step forward on R

[S4] Fwd Rock-1/4L, Weave L, Cross Rock-1/4R, Chase Turn 1/2R-Fwd

1&2 Rock forward on L, Replace weight on R, Make a 1/4 turn left stepping L to the side (12:00)
3&4& Cross R over L, Step L to the side, Step R behind L, Step L to the side
5&6 Rock/across R over L, Replace weight on L, Make a 1/4 turn right stepping forward on R (3:00)
7&8 Step forward on L, Make a 1/2 turn right recover weight on R, Step forward on L (9:00)

Restart on Wall 3 count 16** (12:00)

Ending suggestion: The last wall starts facing 12:00, dance up to count 16 (6:00). Then, Make a 1/2 sharp turn left weight ends on R (12:00)

(updated: 25/May/22)