Island Girl



编舞者: Mandy Eades (UK) - April 2022 音乐: Island Girl - Justin Wellington



Intro: 32 Count - Start on the word 'She' eg She don't care about money 26 seconds into the dance

Section One R Rock Fwd, & L Rock Fwd, Shuffle Back, Walk or Sweeps R & L

1 2	Rock Fwd on R, Recover on L
1 2	ROCK FWG OH R. RECOVER OH L

&3 4 Step R Next to L, Rock Fwd on L, Recover on R

5&6 Step Back on L, R Beside L, Back on L

7 8 Sweeping R out and R Walk Back (7), Sweeping L out and L Walk Back (8)

Section Two R Rock Back Recover, & Shuffle Fwd, 1/4 R turn, & Cross Shuffle

12 Rock Back on R, Recover on L

&3&4 Step R Next to L, Step L Fwd, Step R Next to L, Step L Fwd,

5 6 Cross R over L, ¼ R Stepping Back on L (3:00)

&7&8 Step R Next to L, Cross L over R, Step R to R Side, Cross L over R (3:00)

Section Three Sway, Sway, Behind, Side Cross, Sway, Sway, Behind Side Fwd

1 2 Step R to R as you Sway R, Recover L as you Sway L (3:00)

3&4 Step R Behind L, Step L to L Side, Cross R over L
5 6 Step L to L as you Sway L, Recover R as you Sway R

7&8 Step L Behind R, Step R to R, Step L Fwd

Section Four Pivot 1/4 L x2, R Side Rock, Together, L Side Rock, Step L Fwd

1 2 Step R Fwd, Pivot ¼ L turn (12:00) 3 4 Step R Fwd, Pivot ¼ L turn (9:00)

5 6& Rock R to R Side, Recover on L, Step R Next to L (9:00)

7 8& Rock L to L Side, Recover on R, Step L Fwd (9:00 Start Again)

Teaching: Slow Syncopations

No tags, No restarts - Have fun and enjoy