

Promise Waltz

COPPER KNOB
BY STEPHEN T. C.

拍数: 48 墙数: 2 级数: High Intermediate
编舞者: Lietha Monita (INA) - May 2022
音乐: Promise (From Promise) - Melly Goeslaw



Start Dance on Vocal - No Tag
Restart(On wall 6 after 24C) facing 06.00

SEC 1 : STEP FORWARD – SWEEP – WEAVE

1 2 3 Step L forward, Sweep R from back to front, finish sweep
4 5 6 Cross R over L, Step L to left side, R cross behind L

SEC 2 : STEP SIDE – SLIDE – ROLLING VINE

1 2 3 Step L to left side, Slide R towards, Touch R next to L
4 5 6 ¼ turn right step R forward, 1/2 turn right step L back, ¼ turn right step R to right side

SEC 3 : TWINKLE(L,R)

1 2 3 Cross L over R, Step R to right side, Step L in place
4 5 6 Cross R over L, Step L to left side, Step R in place

SEC 4 : STEP FORWARD – HITCH – HOLD - COASTER STEP

1 2 3 Step L to forward, Hitch R, Hold
4 5 6 Step R back, Close L together R, Step R forward
(Restart Here on wall 6)

SEC 5 : DIAMOND HALF TURN

1 2 3 Cross L over R, 1/8 turn left step R back, Step L back (10.30)
4 5 6 Step R back, 1/8 turn left step L to left side (9.00), Cross R over L (7.30)

SEC 6 : DIAMOND HALF TURN

1 2 3 Cross L over R, 1/8 turn left step R back, Step L back (6.00)
4 5 6 Step R back, 1/8 turn left step L to left side (3.00), 1/4 turn left Step R forward (12.00)

SEC 7 : STEP FORWARD – ½ TURN LEFT STEP BACK – CLOSE – COASTER STEP

1 2 3 Step L forward, ½ turn left step R back, Close L together R
4 5 6 Step R back, Close L together R, Step R forward

SEC 8 : WALK FORWARD – DRAG (R,L)

1 2 3 Step L forward, Drag R towards L
4 5 6 Step R forward, Drag L towards R

Last Update: 25 May 2022