

# Mambo

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Sunny Jeong (KOR) - May 2022  
音乐: Mambo - Helena Paparizou



Intro: 16 Counts – Restart On Wall 4 at 16 counts

**[Sec.1] FORWARD R/L, SIDE MAMBO R/L, ¼L SIDE ROCK, RECOVER**

12            RF step forward(1), LF step forward(2)  
3&4         RF step side(3), LF recover(&), RF step beside LF(4)  
5&6         LF rock side(5), RF recover(&), LF step beside RF(6)  
78           RF ¼ turn L rocking side(7), LF recover(8) 9.00

**[Sec.2] CROSS, BACK, SIDE CHA CHA, CROSS ROCK, RECOVER, SIDE CHA CHA**

12            RF cross over LF(1), LF step backward(2)  
3&4         RF step side(3), LF step beside RF(&), RF step side(4)  
56           LF rock over RF(5), RF recover(6)  
7&8         LF step side(7), RF step beside LF(&), LF step side(8) 9.00

**[Sec.3] ½R FORWARD CHA, ¼L FORWARD CHA, BACKWARD CHA, ¼R BACKWARD CHA**

1&2         RF ½R stepping forward (1), LF lock behind RF(&), RF step forward(2) 10.30  
3&4         LF ¼L stepping forward (3), RF lock behind LF(&), LF step forward(4) 7.30  
5&6         RF stepping backward (5), LF lock over RF(&), RF step backward(6) 1.30  
7&8         LF ¼R stepping backward (7), LF lock over RF(&), LF step backward(8) 4.30

**[Sec.4] ¼L SIDE & BOTH HELL SWIVEL, (¼L SIDE ROCK, RECOVER) ×2**

1-4           RF ½ turn L side & Both heel swivel R,L,R,L(1,2,3,4)  
5-8           RF ¼L rocking side(5), LF recover(6), RF ¼ turn L rocking side(7), LF recover(8)

Happy Dancing!

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Last Update: 24 May 2022