

Let's Go Sailing

COPPER KNOB
STEPPED

拍数: 32 墙数: 4 级数: Low Improver
编舞者: Runa (DK) - May 2022
音乐: Sailing - Mike Oldfield : (Album: Man on the Rocks - iTunes)



Intro: 8 count (1 count prior to vocal)

S1. Back-rock, recover, fwd shuffle, rocking-chair

1-2 Rock back on R, recover on L
3&4 Step fwd on R, step L beside R, step fwd on R
5-6-7-8 Rock fwd on L, recover on R, rock back on L, recover on R

S2. Step ¼ pivot, cross-shuffle, side-rock, recover, cross-shuffle

1-2 Step fwd on L, make a ¼ turn R taking weight on R (3:00)
3&4 Cross L over R, step R to R side, cross L over R
5-6 Rock R to R side, recover on L
7&8 Cross R over L, step L to L side, cross R over L

S3. Side, ¼ turn R, fwd shuffle, step ½ pivot, step ¼ pivot

1-2 Step L to L side, step R to R side ¼ turn R (6:00)
3&4 Step fwd on L, step R beside L, step fwd on L
5-6 Step fwd on R, ½ turn L taking weight on L (12:00)
7-8 Step fwd on R, ¼ turn L taking weight on L (9:00)

S4. Cross, side, behind, point x 2 (R+L)

1-2-3-4 Cross R over L, step L to L side, step R behind L, point L to L side
5-6-7-8 Cross L over R, step R to R side, step L behind R, point R to R side

ENDING: Last wall 13 starts facing 12:00

Dance the first 23 counts and end the dance by stepping L fwd and touch R beside L