

Lyrical Dancer

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Micah Harkins (USA) - May 2022
音乐: Hotstepper - John Gibbons



#16 Count intro. Dance starts 10 seconds in at the 'step' in the first 'hotstepper'

Side Wizard Right, Side Wizard Left, Half Turn, Whole Turn

- 1 2& Step right foot to the right side, step left foot behind and to the right of right foot, shift weight back to right
- 3 4& Step left foot to the left side, step right foot behind and to the left of left foot, shift weight back to left
- 5 6 Step right foot forward making a half turn left towards 6:00, shift weight to left foot
- 7&8 Step right foot forward making a half turn left to 12:00, step left back making a half turn left to 6:00, step right forward

Rock Recover, Coaster Step, Half Weave And Cross and Cross

- 1 2 Step forward onto left foot, recover weight back to right foot
- 3&4 Step left back, right together, left forward
- 5 6 Step right foot out, left behind
- &7 Small step to the right with the right foot, step onto left foot crossing left foot in front
- &8 Keep left foot crossed in front small step to the right with right foot, step left foot to the right

Tag on wall 6: After the coaster step perform a monterey half turn (the final 4 counts of the dance) and then restart

Toe And Toe And Heel And Heel, Scuff 1/4 Turn, Sailor Step

- 1 & Tap right toe to the right side, step right foot back together
- 2 & Tap left toe to the left side, step left foot together
- 3 & Tap right heel forward, step right foot together
- 4 & Tap left heel forward, step left foot together
- 5 scuff right foot while making a quarter turn left to 3:00
- 6 step right foot down
- 7&8 Step left foot behind and to the right, step weight onto right foot, step left foot back together (on the left side)

Stomp Stomp, Bump Bump, Monterey Half Turn

- 1 2 Stomp in place with right foot, stomp in place with left foot
- 3 4 Bump hips right, bump hips left
- 5 6 Touch right foot to right side, make a half turn right to 9:00 and step right beside left
- 7 8 Touch left foot to left side, step left foot beside right