

Blood on a Rose

拍数: 48 墙数: 4 级数: Improver
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音乐: Blood On a Rose - Everybody Loves an Outlaw



#24 counts intro

S1 : L STEP FWD, DRAG, R STEP BACK, DRAG

1-2-3 Step Lf forward (1) – drag Rf toward Lf (2-3)
4-5-6 Step Rf back (4) – drag Lf toward Rf (5-6)

S2 : BASIC ½ TURN L, BACK, DRAG, HOOK

1-2-3 Step Lf forward (1) - turn 1/2 left stepping Rf back (2) – step Lf slightly back (3) (6:00)
4-5-6 Step Rf back (4) – slide Lf toward Rf (5) – Hook Lf (6)

S3 : STEP, SWEEP, WEAVE L

1-2-3 Step Lf forward (1) – sweep Rf from back to front (2-3)
4-5-6 Cross Rf over Lf (4) – step Lf to side (5) – step Rf behind Lf (6)

S4 : STEP SIDE, TOUCH, ROLLING VINE 1 ¼ R

1-2-3 Large step Lf to side (1)- slide Rf beside Lf (2) – touch Rf next to Lf (3)
4-5-6 Turn 1/4 right stepping Rf fwd (4) – turn 1/2 right stepping Lf back (5) – turn 1/2 right stepping Rf forward (6) (9:00)

** Restart here, wall 9

S5 : SLOW WALKS FWD L/R with arms mvt

1-2-3 Step Lf forward (1) – begin to raise the right arm forward, palm facing the sky (2-3)
4-5-6 Step Rf forward (4) – continue to raise right arm vertically (5-6)

S6 : FWD COASTER STEP, ¼ TURN R, SWAY R

1-2-3 Step ball of Lf forward (lower right arm) (1) – close Rf next to Lf (2) – step back on Lf (3)
4-5-6 Turn 1/4 right stepping Rf to side (4) – sway to right (5-6)

Arms option on counts 4-5-6 : open right arm to right side, palm open forward, elbow slightly bent

* Restart here, wall 4

S7 : SWAY TO L, SWAY TO R

1-2-3 Recover weight on Lf (1) – sway to left (2-3)
4-5-6 Recover weight on Rf (4) – sway to right (5-6)

Arms option on counts

1-2-3 open left arm to left side, palm open forward, elbow slightly bent
4-5-6 bring the elbows close to the body and pull them back while closing the fists

S8 : CROSS, ¼ TURN L, STEP SIDE, CROSS, L SIDE ROCK

1-2-3 Cross Lf over Rf (1) – turn 1/4 left stepping back on Rf (2) – step Lf to side (3) (9:00)
4-5-6 Cross Rf over Lf (4) – rock Lf to side (5) – recover onto Rf slightly forward (6)

Restart 1 during wall 4, after 36 counts, facing 3:00

Restart 2 during wall 9, after 24 counts, facing 12:00

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.