

Shape of You - AB (aka A Mean Pair of Jeans AB)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Annemaree Sleeth (AUS) - May 2022
音乐: Shape of You - Ed Sheeran
 或: A Mean Pair of Jeans - Marty Rhone
 或: Havana (feat. Young Thug) - Camila Cabello
 或: Cheap Thrills - Sia



Or: A Mean Pair Of Jeans by Marty Rhone (Faster Music)
Alternate Music Havana, Camila Cabello
Alternate Music Cheap Thrills by Sia and many more

Note I have written this for the students at Sherbrooke U3a Melbourne Australia.
This dance reinforces Toe Stuts Forward and Back, Reinforces Vines
New Step are Hip Bumps and V Step, ¼ Vine, Point, Touches Dance 3 Of My Beginner Programme

Starts Counts In 16 counts in "Club"
Starts 32 Counts In Mean Pair Of Jeans "In She Comes"

S 1 (1 – 8) FORWARD TOE STRUTS X 2 SINGLE HIPS

1-2 Touch Right Toe Forward, Drop Right Heel
3-4 Touch Left Toe Forward, Drop Left Heel
5-6 Step Right Side Bump Hips Right, Bump Hips Left
7-8 Bump Hips Right, Bump Hips Left

S 2 (9 – 16) BACK TOE STUTS X 2 POINT, TOUCHES X 2

1-2 Touch Right Toe Back, Drop Right Heel
3-4 Touch Left Toe Back, Drop Left Heel
5-6 Point Right Side, Touch Right Beside Left
7-8 Point Right Side, Touch Right Beside Left

Optional Head Styling. On Both Point Touch Sections 2 & 4

Look Head To Right Shoulder , Turn Head To Centre, Look Head To Right Shoulder, Head To Centre

Optional Head Styling. On Both Point Touch Sections 2 & 4

S 3 (17 – 24) VINE TOUCH, ¼ L VINE TOUCH

1-2 Step Right Side, Cross Left Slightly Behind Right
3-4 Step Right Side, Touch Left Beside Right
5-6 Step Left Side, Cross Right Behind Left
7-8 *Turn ¼ L Step Left Forward, Touch Right Beside Left (9.00)

DON'T TURN THE LAST VINE TO MAKE IT A ONE WALL DANCE

S 4 (25 –32) V STEP, POINT, TOUCH, POINT TOUCH

1-2 Step Right Diagonally Forward , Step Left Diagonally Forward
3-4 Step Right Back, Step Left In Beside Right
5-6 Point Right Side, Touch Right Beside Right
7-8 Point Right Side, Touch Right Beside Left

Easier Option on Last 4 Counts

5 – 8 STEP RIGHT SIDE, TOUCH LEFT BESIDE RIGHT, X 2

DANCE ENDS step Right ¼ Left Across Right And Pose □ on Shape Of You
Optional Hand Movements On V Step

1 – 4 Right Hand Up/Out, Left Hand Up/Out Right Hand Down, Left Hand Down

Ending - Last Wall Facing 9.00 Dance To Count 8 Hips Then Step ¼ Right Over Left

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Youtube Channed Annemaree Sleeth (Frederina521)
