

About Damn Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: About Damn Time - Lizzo



#16 Count Intro, 1 Restart

[1-9] R&L Dorothy Steps, L Pivot ½ turn, L ½, walk back w/ drag

1,2& Step R to right diagonal (1), lock L behind R (2), Step R to right diagonal (&) (12:00)
3,4& Step L to left diagonal (3), lock R behind L (4), Step L to left diagonal (&) (12:00)
5,6 Step R forward (5), Pivot ½L turn, stepping forward on L (6) (6:00)
7,8-1 Turn ½L stepping back on R (7) Step back on L, dragging R toward L (8-1) (12:00)

[10-16] Step, Cross, Step Tic Tac ¼ Turn, Ball-Kick-Ball-Step, Touch

2,3 Step down on R (2) Cross L over R (3) (12:00)
4&5 Step R to R side (4), Make ¼ turn L turning L heel in (&), Turn R heel out (5) (9:00)
&6 Step Ball of L next to R (&), Kick R forward (6) (9:00)
&7,8 Step ball of R next to L (&) Step forward on L (7) Touch R next to L (8) (9:00)

Restart here on 4th wall

[17-24] Monterrey, Rock-Recover-Cross, C-Bump, Ball-Cross, ¼ L

1,2 Point R to R side (1), Bring R next to L, rotating ¼R (2) (12:00)
3&4 Rock L to L side (3), Recover weight R (&), Cross L over R (4) (12:00)
5&6 Bump hip up and to R (5) Hip back to center (&) Bump hip down and to R (6) (12:00)
&7,8 Step Ball of L next to R (&) Cross R over L (7), ¼ L Stepping forward on L (8) (9:00)

[25-32] ¼ L Hitch, Slide, Hold, Ball-Cross, Rock-Recover, Weave R

1,2,3 Turn ¼ L hitching R next to L (1), Slide (or step) R to R side (2) Hold (3) (6:00)
&4 Step ball of L next to R (&), Cross R over L, aiming body toward corner (4) (6:00)
5,6 Rock forward on L (5), Recover weight R (6) (6:00)
7&8 Step L behind R (7), Turn ¾R, stepping forward on R (&) Step forward on L (8) (9:00)

Last Update: 23 Oct 2022