

Insane Daughter

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Improver
编舞者: Siggie Güldenfuß (DE) - May 2022
音乐: Insane - Black Gryph0n & Baasik



Note: The dance begins after 16 counts when the singing starts.

#1. Section: Heel - Hitch - Heel r., Coaster Step with ¼ turn l., Heel - Hitch - Heel l., Coaster Step with ¼ turn r.

1&2 tap right heel diagonally forward, raise right knee, tap right heel diagonally forward
3&4 RF step back, ¼ turn to the left and LF next to RF, RF step forward (9 o'clock)
5&6 tap left heel forward, raise left knee, tap left heel forward
7&8 LF step back, ¼ turn to the right and RF next to LF, LF step forward (12 o'clock)

#2. Section: Charleston Step, Step Lock Step, Step Pivot ¼ turn

1-2 swing RF in a semicircle forward and tap, swing RF in a semicircle backwards and step
3-4 swing LF in a semicircle backwards and tap, swing LF in a semicircle forward and step
5&6 RF step forward, cross LF behind RF and RF step forward
7-8 LF step forward, ¼ turn to the right on both ball of foots (then weight on RF) (3 o'clock)

#3. Section: Cross Shuffle, Point, Touch, Point, Sailor Step with ¼ turn r., Point, Touch, Point

1&2 cross LF in front of RF, RF next to LF and cross LF in front of RF
3&4 tap right toe to the right, tap RF next to LF, tap right toe to the right
5&6 cross RF behind LF with ¼ turn to the right, LF step to the left and RF step forward (6 o'clock)
7&8 tap left toe to the left, tap LF next to RF, tap left toe to the left

#4. Section: Jazz Box, Step, Close, Step, Heel, Toe Touch Back

1-2 cross LF in front of RF, RF step back
3-4 LF step to the left, RF step forward
5&6 LF step forward, RF next to LF and LF step forward
7-8 tap right heel forward, tap right toe backward

Tag: Hold 2x

1-2 hold

At the end of the 4th wall the music is going slow and stutters. You must wait and you start the dance from the beginning when the singing starts (12 o'clock).

Dance, Have Fun & Smile!