

En El Coche

拍数: 32 墙数: 4 级数: Beginner
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音乐: En El Coche - Aitana



despues de 16 counts de intro.

[1-8] OUT OUT , IN IN, HIP BUMP X2 R , L

1-2 RF fwd diagonal, LF fwd diagonal
3-4 RF bwd to center, LF next to RF
5-6 hip bump R, hip bump R
7-8 hip bump L, hip bump L

[9-16] R CHASSE , ¼ L CHASSE, R KICK BALL CHANGE, R ROCK BODY ROLL

1&2 RF to R side , LF together , RF step to R side
3&4 step LF to L side ¼ R, RF together , LF step to L side
5&6 RF kick fwd
7-8 RF step fwd, recover with body roll

**TAG RESTART ON THE 5 WALL
IN TIME 15&16 REPEAT KICK BALL CHANGE**

[17-24] COASTER STEP , 1/2 TURN R, LOCK STEP FWD, ½ TURN L

1&2 RF setp bwd, LF step together R, RF step fwd
3-4 LF step fwd, ½ turn to R side
5&6 LF step fwd , RF cross back LF, LF step fwd
7-8 RF step fwd , ½ turn to L side

[25-32] CROSS POINT X2, STEP BACK & TOUCH X3, LF BACK STEP

1-2 RF cross over LF, LF point to L side
3-4 LF cross over RF, RF point to R side
5& 6& RF bwd LF touch, LF bwd RF touch
7&-8 RF bwd LF touch, LF bwd

watch arms on video

Last Update: 9 Jun 2022