

# Alive Again

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Julie Gillmore (UK) - 11 May 2022  
音乐: Alive Again (Indie Folk Mix) - UNSECRET & Chuck Adams



**Intro: 32 counts, Start on 'I was lost'**

**Section 1: Walk forward x 2, forward shuffle, rocking chair**

1-2            Walk forward right, walk forward left  
3&4           Step forward right, step left next to right, step forward right  
5-6           Rock forward on left, recover onto right  
7-8           Rock back on left, recover onto right

**Section 2: Rock recover, shuffle back, back point x 2**

1-2            Rock forward on left, recover onto right  
3&4           Step back left, step right next to left, step back on left  
5-6           Step back on right, point left to left side  
7-8           Step back on left, point right to right side

**Section 3: Cross rock chasse, weave cross side behind side**

1-2            Cross step right over left, recover onto left  
3&4           Step right to right side, step left next to right, step right to right side  
5-6           Cross step left over right, step right to right side  
7-8           Step left behind right, step right to right side

**Section 4: Cross rock chasse, weave cross side behind ¼ turn**

1-2            Cross step left over right, recover onto right  
3&4           Step left to left side, step right next to left, step left to left side  
5-6           Cross step right over left, step left to left side  
7-8           Step right behind left, step left forward ¼ turn left (9 o'clock)

**Last Update: 30 May 2022**

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