

Conga, Baby!

拍数: 32 墙数: 4 级数: Improver
编舞者: Wolfgang Marten (DE) - May 2022
音乐: Conga (Crew 7 Edit) - Crew 7 & Jane Vogue



Start after 32 counts after the words "1,2,3, Let's Go"

[1-8] Mambo 1/8 Turn (3x) , 1/8 Turn, Mambo, 1/8 Turn (3x), Flick 1/8 Turn

1&2& RF Step R, LF 1/8 turn L, recover, RF Step R, LF 1/8 turn L, recover
3&4 RF Step R, LF 1/8 turn L, recover, RF 1/8 turn L, step forward [6:00]
5&6& LF step L, RF 1/8 turn R, recover, LF step L, RF 1/8 turn R, recover
7&8 LF step L, RF 1/8 turn R, recover, LF 1/8 turn, flick back [12:00]

[9-16] Cross Samba (2x), Kick & Point (2x)

1&2 LF cross over RF, RF step R, LF close to RF
3&4 RF cross over LF, LF step L, RF close to LF
5&6 LF kick forward, LF step forward, RF point R
7&8 RF kick forward, RF step forward, LF point L

[17-24] Rock Step, Tripple 1/2 Turn, Shuffle fwd, Step 1/4 Turn

1,2 LF step forward, Recover on RF
3&4 LF 1/4 Turn L stepping L, RF close to LF, LF stepping forward, 1/4 Turn L [9:00]
5&6 RF step forward, LF close to RF, RF step forward
7,8 LF step forward, 1/4 Turn R

[25-32] Jazz Box, Side Mambo (2x), Touch

1,2 LF cross over RF, RF step back
3,4 LF step L, RF close to LF
5&6 LF step L, Recover on RF, LF close to RF
7&8 RF step R, Recover on LF, RF touch next to LF
