

Shadow of My Mind

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Lily Kho (INA) - May 2022
音乐: You're in the Shadow of My Mind - Chris Raddings



SECTION 1. TOUCH, HOOK, FLICK, SHUFFLE (R/L)

1&2& Touch RF forward, Hook on RF, Touch RF forward, Flick on RF
3&4 Step RF forward, Step LF beside RF, Step RF forward
5&6& Touch LF forward, Hook on LF, Touch LF forward, Flick on LF
7&8. Step LF forward, Step RF beside LF, Step Lf forward

SECTION 2. CHARLESTONE, PIVOT SWIVEL, COASTERSTEP

1,2 Step RF forward, Touch LF forward
3,4. Step LF back, Touch RF back
5&6 Step RF forward, Move LF heel 1/4 turn R, move RF heel 1/4 turn R
7&8 Step LF back, Step RF beside LF, Step LF forward

SECTION 3. DIAGONAL LOCK SHUFFLE (R,L), JAZZBOX TURN

1&2 Step RF diagonal forward, Cross LF behind RF, Step RF diagonal forward
3&4 Step LF diagonal forward, Cross RF behind LF, Step LF diagonal forward
5,6 Cross RF over LF, 1/4 turn R, Step LF back
7 8. Step RF side, Step LF forward.

SECTION 4. STEP BOX, ROCK FORWARD. 1/2 TURN R, ROCK FORWARD, TOGETHER

1&2 Step RF side, Step LF beside RF, Step RF back
3&4 Step LF side, Step RF beside LF, Step LF forward
5&6 Step R forward, Recover on LF, 1/2 turn R, step RF forward
7&8 Step LF forward, Recover on RF, Step LF beside RF

Happy Dancing

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