

Lady Domina

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Jonas Dahlgren (SWE) - May 2022
音乐: Lady Domina - Haloo Helsinki!



Sequence: A-A-Tag 1-Tag 1-A-A-B -Tag 1-A-A-B-Tag 1-Tag 1-A-Tag 2-B-B-Tag 1-Tag 1
#16 counts intro, starts on vocals

A [1-8] WALK R+L, MAMBO FWD + R, WEAVE L, CROSSING SHUFFLE

1,2 RF Step Fwd (1), LF Step Fwd (2)
3&4& Mambo RF Fwd (3), Recover Weight on LF (&), RF Mambo R (4), Recover Weight on LF (&)
5&6& RF Cross over LF (5), LF Step L (&), RF Cross Behind LF (6), LF Step (&)
7&8 RF Cross over LF (7), LF Step L (&), RF Cross over LF (8)

A [9-16] JAZZBOX TURNING 1/2 TURN L, SIDE TOGETHER SIDE TOUCH WITH SHIMMY SHOULDERS

1,2 LF Cross over RF Turn 1/8 L (1), RF Step back Turning 1/8 L (2)
3,4 LF Step L turning 1/8 L (3), RF Step Fwd Turning 1/8 L (6:00)(4)
5-8 LF Step L (5), RF Step Together (6), LF Step L (7), RF Touch Next to LF (8) (Shimmy shoulders on 7,8)

Styling Jazzbox with toe struts and snap fingers between counts on counts 1-4

B [1-8] SIDE ROCK R + L WITH CLAPS, QUICKSTEP KICKS R-L-R-L-R

1& RF Rock R, clap both hands on knees (1), clap both hands on knees (&)
2& Recover weight on LF, clap hands (2), RF step together, clap hands (&)
3& LF Rock L, clap both hands on knees (3), clap both hands on knees (&)
4& Recover weight on RF, clap hands (4), LF step together, clap hands (&)
5& R Leg lift R (5), RF step together (&)
6& L Leg lift L (&), LF step together (&)
7&8 R Leg Lift R (7), L Leg Lift L (&), R Leg Lift R (8)

Styling Bounce on counts 5-8

B [9-16] MAMBO FWD, COASTER STEP, WALK AROUND 3/4 L WITH CLAPS

1&2 Mambo Fwd on RF (1) Recover weight on LF (&) RF Step Back (2)
3&4 LF Step Back (3), RF Step Together (&), LF Step Fwd (4)
5&6& RF Step Fwd Turning 1/8 L (5), Clap hands (&), LF Step Fwd Turning 1/4 L (6), Clap hands (&)
7&8& RF Step Fwd Turning 1/8 L (7), Clap hands (&), LF Step Fwd Turning 1/4 L (8), Clap Hands (&) (3.00)

B [17-24] TOE, HEEL, CROSS X 2, TOE HEEL, CROSS + SIDE X 2, RF CROSS, HOLD

1&2 Touch R Toe next to LF (1), Touch R Heel next to LF (&), RF Cross over LF (2)
&3& Touch L Toe next to RF (&), Touch L Heel next to RF (3), LF Cross over RF (&)
4& Touch R Toe next to LF (4), touch R Heel next to LF (&)
5& Cross R Heel over L (5) Grind R Heel to R, Step L to L (&)
6& Cross R Heel over L (6) Grind R Heel to R, Step L to L (&)
7&8 Cross R Heel over L (7) Grind R Heel to R, Step L to L (&) Cross RF over LF facing 1:30 (8)

Styling Twist for style & Travel slightly Fwd counts 1-4

B [25-32] 1/4 DIAMOND TURNING L, STEP L + SWIVEL RF TOWARDS LF, JUMP FWD + BACK WITH CLAPS

1&2 LF step fwd (1), turn 1/8 L, RF step R (&), turn 1/8 L LF step back (2) (10:30)
3&4 RF step back (3), turn 1/8 L, LF step L (&), RF cross over LF (4)(9:00)
5&6& LF step L (5), swivel R heel L (&), swivel R toe L (6), swivel R heel L (&)
a7 Jump fwd feet shoulders width apart (a), clap hands (7)

a8 Jump back feet shoulders width apart (a), clap hands, weight on LF (8)

TAG 1 VINE R, STEP + FLICK X2, VINE L TURNING $\frac{1}{4}$ L, STEP + FLICK X2

1&2& RF step R (1), LF step behind RF (&), RF step R (2), LF flick behind RF (&)

3&4& LF step L (3), RF flick in front of LF (&), RF step R (4), LF flick behind RF (&)

5&6& LF step L (5), RF step behind LF (&), turn $\frac{1}{4}$ L LF step fwd (6), RF flick behind LF (&)

7&8& RF step R (7), LF flick in front of RF (&), LF step L (8), RF flick behind LF (&)

Arms On flicks slap opposite hand on the flicking foot

TAG 2 SLOW SPIRAL TURN $\frac{3}{4}$ L

1-4 Cross RF over LF (1), spiral turn $\frac{3}{4}$ L (2-4)

Email: Jonas Dahlgren: Jonas@uandme.dance
