

# Let's Do The Limbo Rock

**COPPER** **KNOB**  
BY STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
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音乐: Limbo Rock (Moombhton Remix) - Chubby Checker



Sequences : 32, 32, 16, 32, 32, 32, 16, 32, 32, 16 (ending)

Intro : 32C

No Tag & 2 Restart ( On W3 & W7 - After 16C )

## S1. SYNCOPATED V STEP, OUT OUT - IN IN , DIAGONAL FWD LOCK SHUFFLE (R/L)

1&2&      Step R Heel diagonal fwd R, Step L Heel diagonal fwd L, Step RF back to centre, Step LF next to RF  
3&4&.      Step RF to R side, Step LF to L side, Step kBack RF to Centre, Close LF next to RF  
5&6.      Step RF diagonal fwd R, Lock LF behind RF, Step RF diagonal fwd R  
7&8.      Step LF diagonal fwd L, Lock RF behind LF, Step LF diagonal fwd L

## S2. SYNCOPATED WEAVE - CROSS - SIDE - TOGETHER ( R/L)

1&2&.      Cross RF over LF, Step LF to L side, Cross RF behind LF, Step LF to L side  
3&4.      Cross RF over LF, Step LF to L side, Close RF next to LF  
5&6&      Cross LF over RF, Step RF to R side, Cross LF behind RF, Step RF to R side  
7&8.      Cross LF over RF, Step RF to R side, Close LF next to RF

## S3. ¼RIGHT. HALF DIAMOND WITH HITCH, FORWARD MAMBO - COASTER STEP

1&2.      Cross RF over LF, Step LF to L side, Turn ¼R. Step RF back lifting LF fwd  
3&4.      Step LF back, Turn ¼R. Step RF to R side, Step LF forward  
5&6.      Rock RF forward, Recover on LF, Step RF back  
7&8.      Step LF back, Close RF next to LF, Step LF forward

## S4. FORWARD LOCK SHUFFLE, TURN ½. MAMBO , SKATE , ½L. PIVOT

1&2      Step RF forward, Lock LF behind RF, Step RF forward  
3&4.      Rock LF forward, Turn ½R. Recover on RF, Step LF forward  
5-6.      Skate RF fwd, skate LF fwd  
7-8.      Step RF forward, Turn ½L. Step LF forward

## ENJOY & JUST FUN DANCE

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