# Prayer for Ukraine (Molytva Za Ukrayinu)



拍数: 48 墙数: 0 级数: Circle dance

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Pronunciation: Moe-Leesh-jah You-Cry-Ee-New

Circle Dance facing CCW. "V" Hand Position. S-Q-Q-S-S Introduction: 8 Counts. Start on vocal @ approx. 8 secs.

#### PART I. (FORWARD 1 SLOW STEP, FORWARD 2 QUICK STEPS, FORWARD 2 SLOW STEPS; )

1-2& Step R forward, Step L forward, Step R forward

3-4 Step L forward, Step R forward

5-6& Step L forward, Step R forward, Step L forward

7-8 Step R forward, Step L forward

#### REPEAT PART I. 1-8. (3 more times)

#### CHORUS: PART II. - PART VI. :

### PART II. (FACE CENTER: FORWARD 1 SLOW STEP, FORWARD 2 QUICK STEPS, FORWARD 2 SLOW STEPS; BACK 1 SLOW STEP, BACK 2 QUICK STEPS, BACK 2 SLOW STEPS)

1-2& Step R forward, Step L forward, Step R forward

3-4 Step L forward, Step R forward (Raising both arms up)

5-6& Step L back, Step R back, Step L back (Slowly lowering both arms back to "V" position)

7-8 Step R back, Step L back

## PART III. (SIDE, ROCK RECOVER, SIDE, TOUCH; 1/4 R TURN, 1/2 R PIVOT TURN, 1/4 R TURN, ROCK BACK, RECOVER)

1-2& Step R to R, Rock back onto L, Recover forward onto R

3-4 Step L to L, Touch R beside L (Placing L hand on L hip & Hold R arm up; facing palm of

hand)

5-6& Step R to R making 1/4 R Turn (CCW), Step L forward, Pivot 1/2 R onto R (CW)

7-8& Step L forward making 1/4 R Turn (Face Center), Rock back onto R (bringing arms down),

Recover forward onto L

## PART IV. (FORWARD 1 SLOW STEP, FORWARD 2 QUICK STEPS, FORWARD 2 SLOW STEPS; SIDE, HOLD, SIDE, HOLD)

1-2& Step R forward, Step L forward, Step R forward

3-4 Step L forward, Step R forward (slowly raising arms out to sides around dancers backs in a

back basket hold)

5-6 Step on L to L, Hold (looking to your left)7-8 Step on R to R, Hold (looking to your right)

## PART V. (BACK 1 SLOW STEP, BACK 2 QUICK STEPS, BACK 2 SLOW STEPS; SIDE, ROCK BACK, RECOVER, SIDE, ROCK BACK, RECOVER)

1-2& Step L back, Step R back, Step L back (slowly lowering arms back to "V" position)

3-4 Step R back, Step L back

5-6& Step R to R, Rock back onto L, Recover forward onto R

7-8 Step L to L, Touch R beside L (Placing L hand on L hip & Hold R arm up; facing palm of

hand)

## PART VI. (1/4 R TURN, 1/2 R PIVOT TURN, FORWARD, 1/4 R TURN; SIDE, ROCK BACK, RECOVER, 1/2 R, 1/2 R)

1-2& Step R to R making 1/4 R Turn (CCW), Step L forward, Pivot 1/2 R onto R (CW)

3-4 Step L forward, Step R forward making 1/4 R Turn (Face Center)

5-6& Step L to L, Rock back onto R, Recover forward onto L

7-8 Step R to R making 1/2 R Turn (Face Out), Step L back making 1/2 R Turn (Face Center)

#### REPEAT DANCE. (2 more times)

ENDING: REPEAT CHORUS (PART II.—PART VI.) and end the dance with PART IV. to the center

Global Dance Rally for Ukraine Website: https://www.linedancefoundation.com/globaldancerally

Facebook Event Link: https://www.facebook.com/events/703888074274873?ref=newsfeed

Donation Link: https://linedancefoundation.enthuse.com/cf/2ec3/fundraiser#!/

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