

Shala Bomb

拍数: 48 墙数: 4 级数: Phrased High Beginner
编舞者: Indahwati Rahardja (INA) & Rex Chuan (USA) - May 2022
音乐: Sha La La La - The Wynners



Tag: 1 - Restart: 0

Sequence: AA BB BB,tag,AA BB BB BB BB
Start: after 16 counts, start with vocal

Part A: 32c

S1: Jump & Tap X3 (R-L-Front), Jump Back, Together, Forward

&12&34 Jump R land on RF(&), weight on RF and tap LF together(1), slightly sink on RF preparing to jump(2), jump L land on LF(&), weight on LF and tap RF together(3), slightly sink on LF preparing to jump(4)
&56&78 Jump forwards land on RF(&), weight on RF and tap LF together(5), slightly sink on RF preparing to jump(6), jump backwards land on LF(&), step RF together(7), step LF forwards(8) (12:00)

S2: Tap, Behind, Side, Together, Swing Leg, Shuffle

1234 Tap RF forward(1, 2), while brush R hand across face, weight on RF and tap LF behind(3,4)
5678& L quarter turn and step LF L(5), Step RF together (6), Swing LF forwards(7), strike LF before RF(8), lock in RF(&) (9:00)

S3: Shuffle X3 (L-R-L), Pivot Turn, Cross

12&34&5 Step LF forwards(1) and swing RF forwards, strike RF before LF(2), lock in LF(&), step RF forwards(3) and L quarter turn and swing LF forward, strike LF before RF(4), lock in RF(&), step LF forwards(5)
678 Step RF forwards(6), L quarter turn and weight on LF(7), cross RF(8) (3:00)

S4: Paddle Turn X3, Side, Tap Together

1234 Step LF L(1), paddle R quarter turn(2), step LF L(3)(6:00), paddle R quarter turn(4)(9:00)
5678 Step LF L(5), paddle R quarter turn(6), step LF L(7), tap RF together(8)(12:00)

Part B: 16c

S1: Side Tap, Jump & Side Tap X2 (L-R), Three Claps, Shuffle, Forward

1234&5 Tap RF R(1), jump and land on RF while tapping LF L(2), jump and land on LF while tapping RF R(3), hold step with three hand claps(4&5)
6&78 Step RF diagonally(6), lock LF behind(&), step RF diagonally(7), step LF diagonally(8) (12:00)

S2: Jazz Box With Turn, Side and Hip Roll, Tap Together

1234 Cross RF(1), step LF L(2), R quarter turn and step RF R(3), cross LF(4)
5678 Step RF R and do a hip roll(5~7), tap RF together. (in some walls, to match the music, you can do hip bumps on RF in a style you prefer) (3:00)

Tag(8): Rock RF forwards(1), recover(2), rock RF backwards(3), recover(4), tap RF R(5), tap RF together(6), tap RF R(7), tap RF together(8)

Enjoy the dance!

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