

Empty Arms

拍数: 68 墙数: 4 级数: Beginner
编舞者: Karen Lee (TW) - May 2022
音乐: Empty Arms - Erin Hay



Intro: 36 Counts,

*1 Restart: On Wall 3: After 32C

* 1 Tag: *End Of Wall 3 (only 32C), Add 4C.

[S1]: Vine Right, Side Rock, Recover, Cross, Hold

1-4 Step RF To R Side, Step LF behind To RF, Step RF To R Side , Cross LF over RF
5-8 Rock RF To R Side, Recover LF to L Side, Cross RF over LF, Hold.

[S2]: Vine Left, Side Rock, Recover, Cross, Hold

1-4 Step LF To L Side, Step RF behind To LF, Step LF To L Side , Cross RF over LF
5-8 Rock LF To L Side, Recover RF to R Side, Cross LF over RF, Hold.

[S3]: K-Step, (snap or clap)

1-4 Step RF diagonally forward, Touch LF Next to RF, Step LF diagonally back, Touch RF Next to LF
5-8 Step RF diagonally Back, Touch LF Next to RF, Step LF diagonally forward, Touch RF Next to LF

[S4]: Rocking Chair, Mambo 1/2 Turn Right, Hold.

1-4 Rock RF Forward, Recover LF in place, Rock RF Back, Recover LF in place.
5-8 Rock RF Forward, Recover on LF, 1/2 Turn R Step RF Forward, Hold. (6:00)

***Restart*, On Wall 3, only 32 Counts.**

[S5]: Rumba Box

1-4 Step LF To L Side, Step RF Beside LF, Step LF Back, Hold.
5-8 Step RF To R Side, Step LF Beside RF, Step RF Forward, Hold.

[S6]: L Mambo, Hold, R Coaster, Hold.

1-4 Rock forward on LF, recover on RF, step back on LF, Hold.
5-8 Step back on RF, step LF next to RF, step forward on RF, Hold.

[S7]: Lock Step, Hold (L/R)

1-4 Step LF Forward, Lock RF Behind LF, Step LF Forward, Hold
5-8 Step RF Forward, Lock LF Behind RF, Step RF Forward, Hold,

[S8]: Rocking Chair, Mambo 1/4 Turn Left, Flick

1-4 Rock LF Forward, Recover RF in place, Rock LF Back, Recover RF in place.
5-8 Rock LF Forward, Rock RF In Place, Make 1/4 Turn L, Step LF to L side, Flick RF.

[S9]: Jazz Box, Cross,

1-4 Step RF Forward, Back LF In Place, Step RF to R side, Cross LF Over RF

[Tag]:4C

Jazz Box 1/2 Turn Left, Touch.

1-4 Step LF Forward, 1/4 turn L, Step RF to R side, 1/4 Turn L Step LF forward, Touch RF next to LF.

REPEAT

Enjoy and happy Dancing...

Last Update: 31 Jul 2022
