Rapunzel

拍数: 32	墙数: 4	级数: Beginner

编舞者: Heather Jayne Endall (AUS) - May 2022

音乐: Rapunzel - Drapht : (Spotify, I Tunes Amazon Music etc.)

Turning Counter Clockwise
1 x (8 count) Tag at the end of Wall 3
40 Count Introduction (Start dance at vocals "From the moment we met….")

Section 1: Step Lock, step lock step, L Fwd, L coaster back [12:00]

1,2,3&4   R foot diagonal (1), L behind with knee bend(2), Step lock R, L behind, R Fwd (3&4)

5,6,7&8   L foot Fwd (5) replace weight on R (6) L coaster back (7&8) [12:00]

Section 2: Heel, heel, double heel twist, L rock back, R side step ¼ turn CCW

1&2&, 3&4   R heel tap Fwd replace, L heel tap Fwd replace (1&2&) Lift both heels, twist R,L,R (3&4)

5,6, 7,8   L foot back lifting R foot (hitch or rock back motion) (5) replace R foot (6). Turn ¼ CCW R foot to side (7) hold for (8) [Facing new wall [9:00]

Section 3: Cross Cha, weave, Fwd replace, chasse

1&2, 3&4   R foot cross over L Cha (1&2) L step side, R behind, left side (3&4)

5,6, 7&8   R diag Fwd recover (5,6) chasse R,L,R (7&8) [9:00]

Section 4: Side step ½ turn x 2, step R in, step behind clap step Infront clap

1,2,3,4   (weight is on the R) Turn 180 stepping L to the side transfer weight to R (1,2) turn again 180 transfer weight to L, drag R foot in beside L (3,4) [9:00]

5&6,7&8   R foot behind, bring L beside R (5&) bend at waist clap low Infront (6) R foot Fwd, bring L beside (7&) clap high Infront (8) [9:00]

END OF DANCE

Tag: At the end of Wall 3. There is an 8-count tag. Cross R foot over left, unwind turning over L shoulder on the spot (count of 4). Step R foot to the R side, hold for 4 counts.

Arm Movements: Optional arms lift up then point down on the words "Gonna let your hair down"

I hope you enjoy this dance. The artist, "Drapht" is from Perth, Western Australian (same place as me) so I thought it was kind of cool to create a dance to a local artist's music! I do hope you like his music….. I find it to be a catchy tune.

Thanks for taking a look!
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