

Hold My Hand

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Joshua Talbot (AUS) & Alison Johnstone (AUS) - May 2022
音乐: Hold My Hand - Lady Gaga



Intro: Start on the word "HAND" -10 seconds

Section 1: STEP, SWEEP, STEP SWEEP

1, 2, 3 Step L fwd, Sweep R from back to front for 2 counts
4, 5, 6 Step R fwd, Sweep L from back to front for 2 counts

Section 2: 3/8 FALL AWAY DIAMOND FORWARD (7.30)

1, 2, 3 Cross L over R, 1/8 step R back, step L back (10.30)
4, 5, 6 Step R back, 1/8 L step L to L, 1/8 L step R fwd (7.30)

***** Restart here during walls 4, 8 & 11. Simply restart dance 1/8 over Left see below*****

Section 3: STEP HITCH, BACK DRAG

1, 2, 3 Step L fwd, slowly bring R knee up to a slight hitch position for 2 counts
4, 5, 6 Step R back, drag L toe towards R for 2 counts

Section 4: FWD, 1/2, BACK, COASTER (1.30)

1, 2, 3 Step L fwd, 1/2 L slightly step R back, step L back (1.30)
4, 5, 6 Step R back, step L together, step R slightly fwd

Section 5: STEP, POINT 1/8, HOLD, 1/4 BACK, TOGETHER, CROSS (3.00)

1, 2, 3 Step L fwd, 1/8 L point R toe to R side, HOLD (12.00)
4, 5, 6 1/4 R step R back, step L together, step R over L (3.00)

Section 6: SWAY, SWAY (Hug your body during this section)

1, 2, 3 Step L to L swaying Hips L
4, 5, 6 Recover weight R swaying hips R

Section 7: 1 1/4 TURN L, CROSS, SWEEP (12.00)

1, 2, 3 1/4 L step L fwd, 1/2 L step R together, 1/2 L step L together (12.00)

***** OPTION for above three counts, 1/4 L step L fwd, Step R Together, Step L Together*****

4, 5, 6 Cross step R over L, sweep L from back to front for 2 counts

Section 8: CROSS, 1/4, 1/2, SLOW PIVOT (9.00)

1, 2, 3 Cross step L over R, 1/4 L step R back, 1/2 L step L slightly fwd (3.00)
4, 5, 6 Step R fwd, 1/2 L keeping for 2 counts keeping weight on R foot

**Tags: End wall 2 facing 6 & End wall 6 facing 3:

1, 2, 3 Step L fwd, bring R up behind L into position 4, hold
4, 5, 6 Step R back, drag L towards R, hook L in front of R

****Restarts: Wall 4 restart facing 9, Wall 8 restart facing 6, & Wall 11 restart facing 6:**

Dance to count 12 (end section 2)

Simply straighten up 1/8 over L to restart the dance

**Ending: You will be facing 3 on count 27 (1/8 point R toe to side, hold)

1, 2, 3 Step R behind L, 1/4 L step L fwd, step R fwd
4, 5, 6 Step L fwd, drag R towards L for 2 counts

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