

Lola

拍数: 32 墙数: 4 级数: Improver Cha Cha
编舞者: Judy Rodgers (USA) - May 2022
音乐: Lola (feat. Yotuel) - Camila Cabello



#16 count intro - No tags or restarts

S1: Side rock R, cha cha (triple), side rock L, cha cha (triple) (use those hips)

1-2 Step/rock R to right side, recover L
3&4 Step R beside L, step L in place, step R in place
5-6 Step/rock L to left side, recover R
7&8 Step L beside R, step R in place, step L in place

S2: Rock recover, turn 1/2 R cha cha, turn 1/4 R step together, side rock touch

1-2 Rock R fwd, recover L
3&4 Turn 1/2 right step R fwd, step L beside R, step R fwd 6:00
5-6 Turn 1/4 right step L to left side, step R beside L 9:00
7&8 Rock L to left side, recover R, touch L beside R

S3: Side together, side together turn 1/4 L, hitch/turn 1/4 L step, side rock touch

1-2 Step L to left side, step R beside L
3&4 Step L to left side, step R beside L, turn 1/4 left step L fwd 6:00
5-6 Hitch R turn 1/4 left, step R to right side 3:00
7&8 Rock L to left side, recover R, touch L beside R

S4: Walk walk, cha cha, step/sway sway, sway sway flick

1-2 Walk fwd L, R
3&4 Step L fwd, step R beside L, step L fwd
5-6 Step/sway R, sway L
7&8 Sway R, sway L, flick R back
