

1-2 Cha Cha Cha

拍数: 32 墙数: 4 级数: Beginner
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音乐: Cha Cha Cha - Nubian Fräuleins



Intro: 20 Counts (9 sec.)

Rock Back, Walk, Walk, R Shuffle Fwd, L Shuffle Fwd

1-2 Rock Back on R, Recover on L
3-4 Walk Fwd R-L
5&6 Shuffle Fwd Stepping R-L-R
7&8 Shuffle Fwd Stepping L-R-L

Rock Fwd, Walk Back, Walk Back, R Shuffle Back, L Shuffle Back

1-2 Rock Fwd on R, Recover on L
3-4 Walk Back R-L
5&6 Shuffle Backwards Stepping R-L-R
7&8 Shuffle Backwards Stepping L-R-L

Rock Back, Step Pivot ¼ Turn L, R Crossing Samba, L Crossing Samba

1-2 Rock Back on R, Recover on L
3-4 Step Fwd on R, Pivot ¼ Turn L (9:00)
5&6 Cross R Over L, Rock L to L Side, Recover on R
7&8 Cross L Over R, Rock R to R Side, Recover on L
(easy option 5-8: 5 R Cross, 6 L Point, 7 L Cross, 8 R Point)

Jazz Box Cross, Diagonal Step Back, Touch, Diagonal Back Shuffle

1-2 Cross R Over L, Step Back on L
3-4 Step R to R Side, Cross L Over R
5-8 Step R Back to R Diagonal, Touch L Next to R
7&8 Shuffle Back to L Diagonal Stepping L-R-L

Tag: After wall 6 (6:00)

Back Sweep, Back Sweep, Sway Back-Fwd-Back-Fwd

1-2 Step Back on R, Sweep L from Front to Back
3-4 Step Back on L, Sweep R from Front to Back
5-8 Step and Sway R Back, Sway Fwd, Sway Back, Sway Fwd

Fwd Sweep, Fwd Sweep, Sway Fwd-Back-Fwd-Back

1-2 Step Fwd on R, Sweep L from Back to Front
3-4 Step Fwd on L, Sweep R from Back to Front
5-8 Step and Sway R Fwd, Sway Back, Sway Fwd, Sway Back