

# Milestones (이정표)

COPPER KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Intermediate - K-Trot  
编舞者: Christina Yang (KOR) - April 2022  
音乐: Milestones (이정표) - Jang Yoon Jeong (장윤정)



Start the dance after 28 counts (Start on vocal)

## SECTION 1: FORWARD, 1/4 TURN TO R WITH FORWARD SHUFFLE, 1/4 TURN TO R WITH FORWARD, (CROSS ROCK, RECOVER, SIDE) X 2

1            Step RF forward  
2&3        1/8 turn to R stepping LF forward, 1/8 turn to R with closed RF to LF, step LF forward  
4            Step RF forward  
5&6        Cross Rock LF over RF, recover on RF, step LF side  
7&8        Cross rock RF over LF, recover on LF, step RF side

## SECTION 2: CROSS ROCK, RECOVER AND 1/4 TURN TO L WITH SWEEP, COASTER STEP, 1/2 TURN TO L WITH PIVOT TURN X 2

1-2        Rock LF cross over RF, recover on RF and sweep LF from front to back while turning 1/4 to R  
3&4        Step LF backward, closed RF to LF, step LF forward  
5-8        Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, 1/2 turn to L changing weight on LF

## SECTION 3: FORWARD ROCK, RECOVER AND 1/2 TURN TO R, FULL TURN TO R, FORWARD X 2, FORWARD ROCK, RECOVER AND 1/4 TURN TO L, LONG STEP TO SIDE, CROSS OVER, SIDE

1-2        Rock RF forward, recover on LF and 1/2 turn to R  
3&4&       Step RF forward, 1/2 turn to R stepping LF backward, 1/2 turn to R stepping RF forward, step LF forward

**(EASY OPTION: You will dance to 4 times of running steps instead of turn in the count 3&4&)**

5-6&       Step RF forward, rock LF forward, recover on LF and 1/4 turn to R  
7-8&       Step LF to L side powerfully, cross RF behind LF, step LF side

## SECTION 4: CROSS BEHIND WITH SWEEP AND 1/2 TURN TO L, COASTER STEP, FORWARD, FORWARD ROCK, RECOVER AND 1/4 TURN TO L, SIDE, CROSS, SIDE, CROSS, SIDE

1            Cross RF behind LF with sweep LF from front to back and 1/2 turn to L  
2&3        Step LF backward, close RF to LF, step LF forward  
4-5&       Step RF forward. Rock LF forward, recover on RF and 1/4 turn to L  
6            Step LF side  
7&8&       Cross RF over LF, step LF to side slightly, cross RF over LF, step LF to side(weight on LF)

**RESTARTS: On the 2nd, 4th, 6th wall, you will dance to 20 counts and start again.**

## CONTACT

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