

# Riding Free

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Advanced  
编舞者: Hiroko Carlsson (AUS) - April 2022  
音乐: Riding Free (Spirit: Riding Free) - Maisy Stella : (Amazon/ Apple Music/ Spotify)



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(Dance starts on lyrics/16 counts intro)

## [S1] 3x Heel & Clap, Side Shuffle, Back Rock-1/4R w/ Sweep, Back-Back

1&      Touch R heel diagonally forward, Clap & lift R heel  
2&      Touch R heel diagonally forward, Clap & lift R heel  
3&      Touch R heel diagonally forward, Clap & lift R heel  
4&5      Shuffle to the right on R-L-R  
6&7      Rock back on L, Replace weight on R, Make a 1/4 turn right stepping back on L/sweep R (3:00)  
8&      Run back on R-L

## [S2] Back Rock, Fwd Shuffle, Fwd Rock, 1/2L-Step-Pivot 1/4L-Cross

1 2      Rock back on R, Replace weight on L  
3&4      Shuffle forward on R-L-R  
5 6      Rock forward on L, Replace weight on R  
7&      Make a 1/2 turn left stepping forward on L, Step forward on R (9:00)  
8&      Make a 1/4 turn left recover weight on L, Cross R over L (6:00)

## [S3] 3x Heel & Clap, Behind-1/4R, Rocking Chair

1&      Touch L heel diagonally forward, Clap & lift L heel  
2&      Touch L heel diagonally forward, Clap & lift L heel  
3&      Touch L heel diagonally forward, Clap & lift L heel  
4&      Step L behind R, Make a 1/4 turn right stepping forward on R (9:00)  
5 6      Rock forward on L, Replace weight on R  
7 8      Rock back on L (looking back), Replace weight on R

## [S4] Rocking Chair, Step-Pivot 1/2R, Kick-Ball-Fwd Rock

1 2      Rock forward on L, Replace weight on R  
3 4      Rock back on L (looking back), Replace weight on R  
5 6      Step forward on L, Make a 1/2 turn right recover weight on R (3:00)  
7&8&      Kick forward on L, Ball step L next to R, Rock forward on R, Replace weight on L

## [S5] Back, Touch, Fwd, Tap-&-1/2L, Fwd, Tap-&-1/4R-Fwd-

1 2 3      Step back on R, Touch back on L toe, Step forward on L  
4&      Tap R behind L, Step back on R  
5 6      Make a 1/2 turn left stepping forward on L, Step forward on R (9:00)  
7&      Tap L behind R, Step back on L  
8&      Make a 1/4 turn right stepping R beside L, Step forward on L\*\* (12:00)

## [S6] Tap, Back, 1/2L Fwd Shuffle, 4x Side-Touch

1 2      Tap R behind L, Step back on R  
3&4      Making a 1/2 turn left shuffle forward on L-R-L (6:00)  
&5&6      Step R to the side, Touch L next to R, Step L to the side, Touch R next to L  
&7&8      Step R to the side, Touch L next to R, Step L to the side, Touch R next to L\*\*\*

## [S7] Side Rock, 1/4R Sailor Step, Cross-Side, 1/4L Sailor Step-

1 2 Rock R to the side, Replace weight on L  
3&4 Step R behind L making a 1/4 turn right, Step L beside R, Step R to the side (9:00)  
5 6 Cross L over R, Step R to the side  
7&8 Step L behind R making a 1/4 turn left, Step R beside L, Step L to the side (6:00)

**[S8] -&-Side Rock, Cross Shuffle, Back, 1/2L, Step-Pivot 1/2L**

&1 2 Step R next to L, Rock L to the side, Replace weight on R  
3&4 Cross L over L, Step R close to L, Cross L over R  
5 6 Push/step back on R, Make a 1/2 turn left stepping forward on L (12:00)  
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (6:00)

**Restart on Wall 1 count 40\*\* (12:00), Wall 2 count 48\*\*\* (6:00) and Wall 3 count 40\*\* (6:00)**

**Ending suggestion: The last wall starts facing 12:00, dance up to count 3.**

**(updated: 27/Apr/22)**

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