

Make You Swing

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
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音乐: West Coast Swing - Robin Greenstein



Intro: 16 counts

Section 1 : Walk R-L, ¼ Ball, Cross, ¼ Fwd, ¼ Sweep, Cross, Side, Drag

1-2 RF step forward, LF step forward
&3 ¼ turn L & RF step side on ball, LF cross over RF - 9:00
4-5 ¼ turn R & RF step forward, sweep LF forward making another ¼ turn R on RF - 3:00
6-7-8 LF cross over R, RF big step side, drag LF towards RF

Section 2 : Ball, Walk R-L, Mambo Fwd, Back & Sweep, Back, Look Back, Recover & Flick

&1-2 LF close on ball, RF step forward, LF step forward
3&4 RF rock forward, recover on LF, RF step back
5-6 LF step back, sweep RF back,
7-8 RF step back & 'sit' while popping L-knee up & look over R shoulder, recover on LF & flick R

Section 3: Step Fwd, Point, Step Fwd, Point, Cross, Back, 1/8 Back, Cross

1-2 RF step forward, LF point side
3-4 LF step forward, RF point side
5-6 RF cross over LF, LF step diagonally L back
7-8 RF step diagonally R back while facing R diagonal, LF cross over RF 4:30

Section 4 : Side, Touch, Hold, 3/8 Side, Touch, Hold, & Heel Jacks

&1-2 RF step side, LF touch next to RF, hold
&3-4 3 1/8 turn L & LF step side, RF touch next to LF, hold 12:00
&5 RF step diagonally R-back & dig L-heel diagonally L-forward
&6 LF step back, RF close next to LF
&7 LF step diagonally L-back & dig R-heel diagonally R-forward
&8 RF step back, LF close next to RF

Section 5 : Boogie Walks R-L, ¼ Paddle Turn, Cross, Side, Sailor, Heel

1-2 Walk forward R-L (optional styling: step on ball and roll knees out)
3-4 RF step forward, make ¼ turn L putting weight on LF 9:00
5-6 RF cross over LF, LF step side
7&8 RF cross behind LF, LF step side, RF dig heel diagonally R-forward

Section 6 : Ball, Cross, Hold, Ball, Cross Behind, Hold, Ball, Cross, Side, ¼ Sailor Step

&1-2 RF close on ball next to LF, LF cross over RF, hold
&3-4 RF step side on ball, LF cross behind RF, hold
&5-6 RF step side on ball, LF cross over RF, RF step side
7&8 ¼ turn L & LF cross behind RF, RF step slightly to R side, LF step forward 6:00

EXTRA'S

Restarts - In walls 3 & 6 restart after 32 counts - 12:00

Tag: After walls 1, 4 & 7 add following steps before starting over 6:00

Hip Roll, Point, Hip Roll, Point, Step, ½ Pivot, Step, ½ Pivot
1-2 Roll your hip anticlockwise from L to R & RF step side, LF point diagonally L forward
3-4 Roll your hip clockwise from R to L & LF step side, RF point diagonally R forward

5-6-7-8 RF step forward, make $\frac{1}{2}$ pivot turn L, RF step forward, make $\frac{1}{2}$ pivot turn L

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