

# Heartfirst

**COPPER KNOB**  
BYEPOSTETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: David LECAILLON (FR) - April 2022  
音乐: HEARTFIRST - Kelsea Ballerini



start after 32 counts on lyrics

**section 1 : R SIDE ROCK , TRIPLE CROSS, L SIDE ROCK, TRIPLE CROSS**

1-2            step Rf on side, recover onto Lf  
3&4           cross Rf over Lf, step Lf on side, cross Rf over Lf  
5-6           step Lf on side, recover onto Rf  
7&8           cross Lf over Rf, step Rf on side, cross Lf over Rf

**section 2 : R ROCK FWD, ½ TURN R, ½ TURN R, COASTER STEP, L TRIPLE FWD**

1-2            step Rf fwd, recover onto Lf  
3-4            ½ turn R step Rf fwd, ½ turn R step Lf back 12:00  
5&6           step Rf back, step Lf next to Rf, step Rf fwd  
7&8           step Lf fwd, step Rf next to Lf, step Lf fwd

restart here on wall 4 facing 6:00

**section 3 : R STEP FWD, ¼ TURN L, TRIPLE CROSS, ¼ TURN R X 2, TRIPLE CROSS**

1-2            step Rf fwd, ¼ turn L 9:00  
3&4            cross Rf over Lf, step Lf on side, cross Rf over Lf  
5-6            ¼ turn R step Lf back, ¼ turn R step Rf on side 3:00  
7&8            cross Lf over Rf, step Rf on side, cross Lf over Rf

**section 4 : R SIDE ROCK, SAILOR ¼ TURN R, WALK L R ( OPTION FULL TURN), L TRIPLE FWD**

1-2            step Rf on side, recover onto Lf  
3&4            cross Rf behind Lf, ¼ turn R step Lf next to Rf, step Rf fwd  
5-6            step Lf fwd, step Rf fwd ( make ½ turn R step Lf back, make ½ turn R step Rf fwd)  
7&8            step Lf fwd, step Rf next to Lf, step Lf fwd

start again with smile

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