

Dancing la Vida Loca

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Livin' la Vida Loca - Ricky Martin



Section #1: Cross rock, Recover, Step, Hold X2

1-4 Cross R over L, Recover L, Step R next to L, Hold
5-8 Cross L over R, Recover R, Step L next to R, Hold.

Section #2: Step, Together, Step, Hold X2 (rolling hips)

1-4 Step R to side, Step L next to R, Step R to side, Hold,
5-8 Step L to side, Step R next to L, Step L to side, Hold.

Section #3: 1/8 Hip roll X2, Hip bumps (X4)

1-4 Step R forward, Pivot 1/8 left, Step R forward, Pivot 1/8 left,
5-8 Roll hips RLRL.

Section #4: Mambo X2

1-4 Rock R forward, Recover L, Step R next to L, Hold,
5-8 Rock L back, Recover R, Step L next to R, Hold.

Begin Again! Enjoy!

Restarts: Walls #2 #6 #11 #17

Tags: Walls #4 #9 #13...1-8 (with arms overhead) Bump R hip 8 counts.

Last Update - 26 Apr 2022
