

Life Journey (人生路) Ren Sheng Lu

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Erni Jasin (INA) - April 2022
音乐: Ren Sheng Lu (人生路) - Qi Long (祁隆)



Intro : 32 counts - No Tag / Restart!!

SECTION 1 : BACK - COASTER STEP - SWEEP - CROSS - SIDE - 1/8 TURN R BACK ROCK - RECOVER - PIVOT 1/2 TURN L - BACK - TOGETHER

12&3 Step RF back (1), Step LF back (2), Step RF together (&), Step LF fwd and sweep RF from back to front (3)
4&5 Cross RF over LF (4), Step LF side (&), 1/8 Turn R Rock RF back (5) facing 1:30
6&7 Step LF in place (6), make 1/2 Turn L step RF back (&) facing 7:30, Step LF back (7)
8& Step RF back (8), Step LF together (&)

SECTION 2 : FWD - HITCH - 1/4 TURN R - FWD SHUFFLE - 3/8 TURN R JAZZ BOX - BASIC NC - 1/4 TURN R BASIC NC

1& Step RF fwd (1), Hitch LF (figure 4) (&)
2&3 1/4 Turn R Step LF fwd (2) (facing 10:30), Step RF beside LF (&), Step LF fwd (3)
4&5 Cross RF over LF (4), Step LF back (&), 3/8 Turn R RF big step to R side (5) (facing 3:00)
6& Close LF slightly behind RF (6), Cross RF over LF (&)
7&8 Make 1/4 Turn R LF big step to L side (7) (facing 6:00), Close RF slightly behind LF (8), Cross LF over RF (&)

SECTION 3 : BIG STEP SIDE - BEHIND - SIDE - CROSS ROCK - RECOVER - 1/4 TURN L - FULL TURN SPIRAL L - RUNNING CURVE L w/SWEEP - CROSS - SIDE

12& RF Big step/slide to R side (1), Cross LF behind (2), Step RF to R side (&)
34& Cross rock LF over RF (3), Recover on RF (4), 1/4 Turn L step LF fwd (&) (facing 3:00)
56& Spiral full turn L weight on RF (5) (non turning option : Step RF fwd), Make 1/8 turn L step LF fwd (6), 1/8 Turn L step RF fwd (&) (facing 12:00)
78& Step LF diagonally L and sweep RF from back to front (7), Cross RF over LF (8), Step LF to L side (&)

SECTION 4 : BACK - SAILOR L&R - 1/2 DIAMOND L - SIDE ROCK - RECOVER

12&3 Step RF back (1), Cross LF behind RF (2), Step RF to R side (&), Step LF in place (3)
4&5 Cross RF behind LF (4), Step LF to L side (&), RF in place (5)
6&7 1/8 Turn L Step LF back (6), 1/8 Turn L Cross RF behind LF (&), 1/8 Turn L Step LF fwd (7) (facing 9:00)
8& 1/8 Turn L Step RF to R side (8), Recover on LF (&) (facing 6:00)

Enjoy & Happy Dancing !!

Contact : ernij58@gmail.com