The Tulsa Shuffle



编舞者: Janene Lawson (AUS) - August 2021 音乐: The Tulsa Shuffle - The Tractors



The dance commences after the intro lyrics (count of 4)

1&2 Step R to RS, Step L beside RF, Step R to RS,

3&4 LF Rock Back, Recover on RF,

5&6 Step L to LS, Step R beside LF, Step L to LS,

7&8 RF Rock Back, Recover on LF,

[9-16] Shuffle Fwd, Rock Fwd, Recover, Shuffle Back, Rock Back, Recover

9-12 Shuffle Fwd R,L,R, LF Rock Fwd, Recover on RF.13-16 Shuffle Back, L,R,L, RF Rock Back, Recover on LF.

[17-20] Side Points, R,L,R, Hold.

17-20 Point Toes to Side, R,L,R, Hold With a Clap

[21-32] 1 x R Sailor, 1 x L Sailor, Repeat. 2 Kick Ball Chains.

21&22	RF behind L, Step LF to L side, Step RF to R side. Hold.
23&24	LF behind R, Step RF to R side, Step LF to L side. Hold.
25&26	RF behind L, Step LF to L side, Step RF to R side. Hold.
27&28	LF behind R, Step RF to R side, Step LF to L side. Hold.
29&30	Kick RF Fwd, Step R together, Step L Together
31&32	Kick RF Fwd, Step R together, Step L Together

[33-40] 2 x 1/4 Montereys (to 1/2 Turn)

33-36 Touch R to R side, on ball of LF 1/4 turn R while sliding RF in beside LF, Touch L to L side, LF

beside R.

37-40 Touch R to R side, on ball of LF 1/4 turn R while sliding RF in beside LF, Touch L to L side, LF

beside R

[41-48] Jazz Box, Rocking Chair.

41-44 Step RF across LF, Step LF to L Side, Step RF to R side, Step LF beside RF.

45-48 Rock RF Fwd, Recover on LF, Rock RF Back, Recover on LF.

Happy Dancin'! Facebook Page: Bossy Boots Dancin' Choreography