

# Sugar Coat

拍数: 48      墙数: 2      级数: Improver  
编舞者: Valérie Le Maitre (FR) & Séverine Maugis (FR) - March 2022  
音乐: Sugar Coat - Little Big Town : (Album: Nightfall)



Intro : 16 counts

## [1-8] SWAY R&L, SHUFFLE R, SWAY L&R, SHUFFLE L

1-2            Step right to right swinging to right, step left to left swinging to left  
3&4           Step right to right, step left next to right, step right to right  
5-6           Step left to left swinging to left, step right to right swinging to right  
7&8           Step left to left, step right next to left, step left to left

## [9-16] CROSS R, SIDE L, SAILOR STEP R, SIDE L, TOGETHER, SHUFFLE STEP L

1-2            Cross over left, step left to left  
3&4           Step right behind left, step left to left, step right to right  
5-6           Step left to left side, step right next to left  
7&8           Step left forward, bring right together next to left, step forward on left

**Restart on the 5rd wall after 16 counts (starts on the 6 o'clock wall and restarts on the 6 o'clock wall)**

## [17-24] SIDE R, TOGETHER, SHUFFLE BACK R, SWEEP L, SWEEP R, ANCHOR STEP

1-2            Step right to right, bring left together next to right  
3&4           Step right back, step left next to right, step back right  
5-6           Sweep left forward to back, sweep right forward to back  
7&8           Step left crossed behind right, come back to support right, step left slightly back

## [25-32] SIDE ROCK R, BEHIND SIDE CROSS, SIDE L, TOGETHER, SHUFFLE STEP L

1-2            Step right to right, come back to support left  
3&4           Step right behind left, step left to left side, cross right over left  
5-6           Step left to left side, right together next to left  
7&8           Step left forward, bring right together next to left, step forward on left

**Restart on the 3rd wall after 32 counts (starts on 12 o'clock wall and restart on the 12 o'clock wall)**

## [33-40] STEP 1/2 TURN L, SHUFFLE STEP R, TRAVELLING PIVOT, MAMBO L

1-2            Step right forward, ½ turn left (step left) (6h)  
3&4           Step right forward, bring left together next to right, step forward on right  
5-6           (Full turn) ½ turn right stepping left behind, ½ to right stepping right forward  
7&8           Step left to left, recover on right, step left next to right

## [41-48] SIDE ROCK R, BEHIND SIDE CROSS L, SIDE ROCK L, SAILOR STEP L

1-2            Step right to right, come back to support left  
3&4           Step right behind left, step left to left side, cross right over left  
5-6           Step left to left, come back to support right  
7&8           Step left behind, step right to right, step left to left

**RESTART THE DANCE AT THE BEGINNING AND KEEP SMILING!!**