

Get Happy!

COPPERKNOB
STYLESHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Happy (feat. Derek Martin) - C2C



Intro: 32 count

HEEL SWIVEL FORWARD RECOVER TO HEEL SWIVEL WALK BACK, HEEL SWIVEL BACK RECOVER INTO HEEL SWIVEL WALK FORWARD

~Weight is on both balls of feet~

- 1&2& L ball touch forward with both heel swivel inwards(1), both heel swivel out with L suspended on L side(&), L ball touch back with both heel swivel inwards(2), both heel swivel out with R suspended on R side(&)
- 3&4& R ball touch back with both heel swivel inwards(3), both heel swivel out with L suspended on L side(&), L ball touch back with both heel swivel inwards(4), both heel swivel out with R suspended on R side(&)
- 5&6& R ball touch back with both heel swivel inwards(5), both heel swivel out with R suspended on R side(&), R ball touch forward with both heel swivel inwards(6), both heel swivel out with L suspended on L side(&)
- 7&8& L ball touch forward with both heel swivel inwards(7), both heel swivel out with R suspended on R side(&), R ball touch forward with both heel swivel inwards(8), both heel swivel out with L suspended on L side(&)

1/2 PIVOT TURN, L SHUFFLE FORWARD, KICK WITH HANDS UP AND OPEN, 1/4 TURN SIDE STEP, WEAVE

- 1,2 L steps forward(1), 1/2 pivot turn R weight shifting onto R (facing 6 o'clock)(2)
- 3&4 L steps forward(3), R steps besides L(&), L steps forward(4)
- 5,6 R kick forward with both hands up and open(5), 1/4 turn R with R side step (facing 9 o'clock)(6)
- 7&8 L cross behind R(7), R side steps(&), L cross over R(8)

SIDE ROCK/RECOVER, REPLACE SIDE ROCK/RECOVER, KNEE SWIVEL IN WITH HANDS UP AND OPEN, 2 STEP FULL PADDLE TURN WHILE RAISING THE ROOF

- 1,2& R side rock(1), recover back on L(2), replace L with R(&)
- 3,4 L side rock(3), recover back on R(4)
- 5,6 L knee dip in with both hands up and open(5), recover back up onto L with 1/4 turn L foot prep(6)
- 7,8 1/2 turn L with R side ball touch and hands/arms pump up(facing 3 o'clock)(7), 1/2 turn L with R side ball touch and hands/arms pump up (facing 9 o'clock)(weight shift stays over L)(8)

BIG SIDE STEP WITH DRAG, SAILOR 1/4 TURN, HOP SWEEPS FORWARD X2, FORWARD ROCK/RECOVER, 1/4 TURN SIDE STEP

- 1,2 Big side step R with L drag towards R(1,2)
- 3&4 L cross behind R(3), 1/4 turn L with R stepping besides L(&), L steps forward (facing 6 o'clock)(4)
- 5,6 R sweeps forward from back to front stepping onto R(5), L sweeps forward from back to front stepping onto L(6)
- 7&8 Rock R forward(7), recover back on L(&), 1/4 turn R with R side step(8)

***REPEAT* - NO TAGS OR RESTARTS**

VANILLA STYLE

First 8 count can be changed to

KICK FORWARD WITH BOTH HANDS UP AND OPEN, WALK BACK X3, KICK BACK WITH BOTH HANDS UP AND OPEN, WALK FORWARD X3

1,2 Kick L forward(1), step back on L(2)
3,4 Step back on R(3), step back on L(4)
5,6 Kick R back(5), step forward on R(6)
7,8 Step forward on L(7), step forward on R(8)

Last 8 counts can be changed to

BIG SIDE STEP WITH DRAG, SAILOR 1/4 TURN, WALK FORWARD X2, FORWARD ROCK/RECOVER, 1/4 TURN SIDE STEP

1,2 Big side step R with L drag towards R(1,2)
3&4 L cross behind R(3), 1/4 turn L with R stepping besides L(&), L steps forward (facing 6 o'clock)(4)
5,6 Step R forward(5), step L forward(6)
7&8 Rock R forward(7), recover back on L(&), 1/4 turn R with R side step(8)

Last Update - 10 Mar 2023
