

Bara Bere

拍数: 32 墙数: 4 级数: Improver
编舞者: Rouse Fuster (ES) - March 2022
音乐: Bara Bara Bere Bere (Club Remix 2021)



Intro 68 counts- 1 tags-1 restarts- 1 Restart+Tag

(1-8) ROCK RECOVER, SHUFFLE ½ TURN RIGHT, STEP ½ TURN RIGHT, SHUFFLE FWD

1-2 RF step fwd, recover on LF
3&4 RF step with ¼ turn R, LF step together, RF step with ¼ turn R (6:00)
5-6 LF step fwd, RF ½ turn R (12:00)
7&8 LF step fwd, RF beside LF, LF step fwd.

(9-16) HEEL & HEEL & x 2, ROCK RECOVER, COASTER STEP, STEP ¼ CROSS

1&2& RF touch heel fwd, RF step together, LF touch heel fwd, LF step together
3-4 RF step fwd, recover on LF
5&6 RF step back, LF beside RF, RF step fwd
7&8 LF step fwd, turn ¼ right, LF cross over RF

(17-24) STEP SIDE STEP BACK HEEL JACKS x 2

1-2 RF step side right, LF step back,
&3&4 RF step side right, LF touch heel to diagonal L, LF step back, RF cross over LF
5-6 LF step side left, RF step back
&7&8 LF step side left, RF touch heel to diagonal R, RF step back, LF cross over RF

(25-32) STEP ¼ TURN x2, JAZZ BOX

1-2-3-4 RF step fwd, turn ¼ left, RF step, turn ¼ left
1-2-3-4 RF cross over LF, LF step back, RF step side right, LF step fwd

***Restart on wall 4 after 24 counts**

**** Tag end of wall 8 , stomp x 2 , hip roll**

1 stomp RF while we put the right hand on the back of the hip
2 stomp LF while we put thw right hand on the back of the hip
3-4 move the hip from left to right forming a semicircle backwards

*****Restart+Tag on wall 11 after 16 counts**

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iiii DANCE AND BE HAPPY !!!!!

Last Update - 13 Apr 2022