

Ah Yeah

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Martine Canonne (FR) & Guerric Auville (FR) - February 2022
音乐: Guld, svett & tårar (Sveriges Officiella OS-låt Peking 2022) - LIAMOO & Klara Hammarström : (iTunes)



Choreography presented during the event "Les Rencontres Nationales" Issoudun (Fr) Mars 2022

Start : 16 counts

S1 : CROSS SAMBA 1/8 R, CROSS SAMBA 1/8 L, MAMBO, COASTER STEP

1 & 2 Cross RF over LF, turn 1/8 right stepping LF to left side, recover onto RF (01:30)
3 & 4 Cross LF over RF, turn 1/8 left stepping RF to right side, recover onto LF (12:00)
5 & 6 Step RF forward, recover onto LF, step RF back
7 & 8 Step LF back, step RF next to LF, step LF forward

S 2 : STEP 1/4 TURN X2 w/HIP ROLL, PRESS ROCK STEP, TOGETHER, PRESS ROCK STEP, TOGETHER

1 – 2 Step RF forward, turn ¼ left with hip roll (09:00)
3 – 4 Step RF forward, turn ¼ left with hip roll (06:00)

***On the chorus, on counts 1 to 4 : move the arms up in a circle**

5 – 6& Step ball RF forward with press, recover onto LF, step RF next to LF
7 – 8& Step ball LF forward with press, recover onto RF, step LF next to RF

S3 : WALKS R & L, STEP-LOCK-STEP, ROCK STEP & SWEEP, SAILOR 1/4 TURN

1 – 2 Walks RF & LF forward
3 & 4 Step RF forward, lock LF behind RF, step RF forward
5 – 6 Step LF forward, recover onto RF sweeping LF from front to back
7 & 8 Turn ¼ left crossing LF behind RF, step RF to right side, step LF forward (03:00)

S4 : STEP TURN X2, JAZZ BOX w/SHIMMY

1 – 2 Step RF forward, turn ½ left (weight onto LF) (09:00)
3 – 4 Step RF forward, turn ½ left (weight onto LF) (03:00) Option easy counts 1 to 4 : Rocking Chair
5 – 8 Cross RF over LF, step LF back, step RF to right side, step LF forward.
*** During the Jazzbox, make a Shimmy (03:00)**

TAG : End walls 3 (face 09:00), 7 (face 09:00) and 9 (face 03:00) , make 4 counts : ROCKING CHAIR

1 – 2 Step RF forward, recover onto LF
3 – 4 Step RF back, recover onto LF

FINAL : Finish the dance (face 12:00) on counts 1&2 but make Cross Samba ¼ turn right

martine@talons-sauvages.com <http://danseavecmartineherve.fr/>