

Forever 23

拍数: 48 墙数: 4 级数: Beginner / Improver
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音乐: 23 - Sam Hunt



Intro: 16 counts (start at lyrics) - No Tags and No Restarts

Modified Rumba

1-2 Step R to R side, close L to R,
3&4 Shuffle forward R
5-6 Step L to L side, close R to L,
7&8 Shuffle back L

Rock back, shuffle 1/2 turn, Walk back, Coaster Step

1-2 Rock back R, recover L,
3&4 Shuffle 1/2 turn L
5-6 Walk back L - R
7&8 Coaster step L, R, L

Twinkle R, Twinkle L, Jazz Box 1/4 turn R

1&2 Step R over L, step back, step R next to L
3&4 Step L over R, step back, step L next to R
5-6 Cross right over left, step back left.
7-8 Step R side with 1/4 turn R, close left to right

Chasse R, rock back, side behind, side touch

1&2 Step right, place left next to right, step right
3-4 Rock back L, recover R
5-6 Step side L, step R behind L
7-8 Step side L, touch R

Monterey 1/4 Turn R

1-2 Point R, Step R next to L with a 1/4 turn R,
3-4 point L, step L next to R
5-6 Point R, Step R next to L with a 1/4 turn R,
7-8 point L, step L next to R (shift weight to left)

Behind side cross, sway x 4

1-2 Step R behind L, Step L to side,
3-4 Cross R over L, Step L
5-8 Sway R, L, R, L

Restart - Enjoy, Happy Dancing!

Last Update - 14 Apr 2022