

# Once and Forever (A Nightclub Feeling)

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 1      级数: Improver / Intermediate  
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音乐: Once and Forever - Charlie Wilson



Start after 16-ct intro

## BEHIND, RECOVER, SIDE, BEHIND, RECOVER, SIDE, HIP SWAYS LEFT & RIGHT, COASTER

1&2      Rock left back, recover to right, step left side  
3&4      Rock right back, recover to left, step right side  
5-6      Hip left, hip right  
7&8      Left coaster step

## FORWARD MAMBO, BACK MAMBO, TURN 1/2, TURNING JAZZ BOX

1&2      Rock right forward, recover to left, step right together  
3&4      Rock left back, recover to right, step left together  
5-6      Cross right over, turn 1/4 right and step left back  
7-8      Turn 1/4 right and step right side, step left together (6:00)

## BEHIND, RECOVER, SIDE, BEHIND, RECOVER, SIDE, WALK, WALK, SHUFFLE FORWARD

1&2      Rock right back, recover to left, step right side  
3&4      Rock left back, recover to right, step left side  
5-6      Turn 1/4 right and step right forward, turn 1/4 right and step left forward (12:00)  
7&8      Chassé forward left-right-left

## FORWARD, TOE TOUCH, TURN 1/4 TURNING SHUFFLE, TURN 1/4 TURNING SHUFFLE, TURN 1/2 TURNING SHUFFLE

1-2      Step left forward, touch right together  
3&4      Turn 1/4 left and chassé back right-left-right (9:00)  
5&6      Turn 1/4 left and chassé back left-right-left (6:00)  
7&8      Turn 1/2 left and chassé forward right-left-right (12:00)

Option: replace with 3 non-turning back shuffles

REPEAT

TAG: After wall 6

1-4      Hip left, hip right, hip left, hip right