

My Everything Ariana

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Intermediate smooth
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音乐: My Everything - Ariana Grande



Intro: 8 counts - No tag, No restart

S1: CROSS – FULL TURN – RUN (2 x) – FORWARD LUNGE – BACK – SLIDE BACK – COASTER STEP – SWEEP – CROSS – TURN & BACK – TURN & SIDE LUNGE

1-2&3 Cross R over L & full turn, Step forward on L, Step forward on R, Forward lunge on L
4&5 Recover on R, Step backward on L, Slide backward on R
6&7 Step backward on L, Step R next to L, Step forward on L while sweeping R back to front
8&1 Cross R over L, ¼ Turn right & Step backward on L (3.00), ¼ Turn right & side lunge on R (6.00)

S2: RECOVER & TURN – 3 STEPS TURN – SWEEP – CROSS – TURN & BACK – TURN & SIDE – UPPER BODY SWAY (3 x) – TURN – SWEEP (2 x)

2&3 ¼ Turn left & step forward on L (3.00), ½ Turn left & step backward on R (9.00), ½ Turn left & step forward on L while sweeping R back to front (3.00)
4&5 Cross R over L, ¼ Turn right & Step backward on L (6.00), ¼ Turn right & step R to side while swaying upper body to right (9.00)
6&7-8 Sway upper body to left, sway to right, ¼ Turn left & step forward on L while sweeping R back to front (6.00), Step forward on R while sweeping L back to front

S3: DIAMOND FALL AWAY

1&2 Cross L over R, Step R to side, 1/8 Turn left & step backward on L (4.30)
3&4 Step backward on R, 1/8 Turn left & step L to side (3.00), 1/8 Turn left & step forward on R (1.30)
5&6 Step forward on L, 1/8 Turn left & step R to side (12.00), 1/8 Turn left & step backward on L (10.30)
7&8 Step backward on R, 1/8 Turn left & step L to side (9.00), Step forward on R

S4: PIVOT – STEP – PIVOT – STEP – RECOVER 4TH POSITION – STEP BEHIND – STEP SIDE – TURN – FORWARD LUNGE – SQUARING & DRAG

1&2 Step forward on L, ½ Turn right & step forward on R (3.00), Step forward on L,
3&4 Step forward on R, ½ Turn left & step forward on L (9.00), Step forward on R
5-6& Recover on L while doing the 4th position on R, Step R slightly behind L, Step L to side
7-8 1/8 Turn left & lunge forward on R, Squaring & recover on L while dragging R inward L (prepare to cross R over L for the next wall)

Happy dancing
Dancing from the heart

This choreography was dedicated to my friend, Elin, who has referred this lovely song to me... and happy birthday to you Elin

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