

Woman 2022

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: High Beginner
编舞者: Tina Tjhin (INA) & Ria Joyful (INA) - March 2022
音乐: Woman - John Lennon : (1980)



Intro : 16 counts - **2 Restarts , 3 Tags

I. ROCK FWD , RECOVER , SAILOR STEP (RL)

1 2 Step Fwd on R (1) , recover on L (2)
3&4 : R cross behind L (3), step L to left side (&) , step R to right side (4)
5 6 Step fwd on L (5) , recover on R (6)
7 & 8 : L cross behind R (7), step R to right side (&) , step L to left side (8)

*** RESTART will happen here on WALL 4 (facing 09:00) & on WALL 8 (facing 06:00)**

II. JAZZ BOX 1/4 , FWD MAMBO COASTER STEP , R STEP TOUCH FWD TOGETHER

1 2 & 3 R cross Over L (1) , L step back 1/4 turn Right (2) , R step to right side (&) , step
Fwd on L (3)
4 & 5 : Step Fwd on R (4), recover on L (&) , step back on R (5)
6 & 7 8 : step back on L (6), step Together on R (&) , step fwd on L (7) , touch together on R(8)

III. CUCARACHA , ROCK BACK RECOVER , WALK FWD (RL)

1 2 & 3 : R to right side (1), recover on L(2) , step together on R (&) , step L to left side (3)
4 & 5 : recover on R (4) , step together on L (&) , step back on R(5)
6 7 8 : recover on L (6) , step fwd on R (7) , step fwd on L (8)

*****3 TAGS : At the end of wall 2 (facing 06:00), Wall 6 (facing 03:00) , & Wall 9 (facing 09:00)**

ROCKING CHAIR , ROCK BACK RECOVER

1,2 3,4,5,6 : Step fwd on R (1) , recover on L (2) , step back on R (3), recover on L (4) , recover on
R (5) , recover on L (6)

Ending will be facing 12:00 after 22 counts.

Enjoy the dance, best regards always from Tina Tjhin (INA) and Ria Joyful (INA).

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