

# One Woman Man

拍数: 48                      墙数: 4                      级数: Improver  
编舞者: Glynn Rodgers (UK) - March 2022  
音乐: I'm a One Woman Man - George Jones



## [1-8] SYNCOPATED GRAPEVINE RIGHT, BACK ROCK, HINGE ½ TURN.

1-2                      Step Right To Right Side, Cross Left Behind Right.  
&                        Step On Ball Of Right Foot Beside Left.  
3-4                      Cross Left Over Right, Step Right To Right Side.  
5-6                      Rock Back Left Behind Right, Recover Weight On To Right Foot.  
7-8                      Turn ¼ Right Stepping Back Left, Turn ¼ Right Stepping Side Right.

## [9-16] CROSS, SIDE, SAILOR STEP, WEAVE LEFT.

1-2                      Cross Left Over Right, Step Right To Right Side.  
3&4                      Cross Left Behind Right, Step Right Slightly To Right Side, Step Left To Place.  
5-6                      Cross Right Over Left, Step Left To Left Side.  
7-8                      Cross Right Behind Left, Step Left To Left Side.

## [17-24] CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE ¼ LEFT.

1-2                      Cross Rock Right Over Left, Recover Weight On To Left Foot.  
3&4                      Step Right To Right Side, Close Left To Right, Step Right To Right Side.  
5-6                      Cross Rock Left Over Right, Recover Weight On To Right Foot.  
7&8                      Step Left To Left Side, Close Right To Left, Turn ¼ Left Stepping Forward Left.

## [25-32] PADDLE ¼ TURN X2, JAZZ BOX.

1-2                      Step Forward Right, Pivot ¼ Turn Left.  
3-4                      Step Forward Right, Pivot ¼ Turn Left.  
5-6                      Cross Right Over Left, Step Back Left.  
7-8                      Step Right To Right Side, Close Left To Right.

## [33-40] RIGHT & LEFT FOOT CRAWLS (BLUE FINGER LOU / DOCTOR DOCTOR)

1                        Stomp Right Foot Forward Towards Right Diagonal.  
2-4                      Swivel Left Heel Towards Right, Swivel Left Toe Towards Right, Swivel Left Heel Towards Right.  
5                        Stomp Left Foot Forward Towards Left Diagonal.  
6-8                      Swivel Right Heel Towards Left, Swivel Right Toe Towards Left, Swivel Right Heel Towards Left.

## [41-48] DIAGONAL BACK, TOUCH, SHUFFLE ½ TURN, ROCKING CHAIR.

1-2                      Step Right Foot Back Towards Right Diagonal, Touch Left Beside Right.  
3&4                      Turn ¼ Left Stepping Left To Left Side, Close Right To Left, Turn ¼ Left Stepping Forward Left.  
5-6                      Rock Forward Right, Recover Weight On To Left.  
7-8                      Rock Back Right, Recover Weight On To Left.

**No Tags Or Restarts.**

**Note: Other Versions Of This Song By Josh Turner Or George Jones & Marty Stuart Will Work, however They Are Faster And I Don't Think Work As Well As The Listed Track.**

Last Update - 2 Apr 2022

