

Be a Good Day

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Arefen Ben Djunaed (INA), Bambang Satiyawan (INA), Aninditya Tuah (INA) & Yayang Honey (INA) - March 2022
音乐: Good Day (feat. Liahona Olayan) - Strive to Be



Intro 32 counts

I Walk, Anchor Step, Back Walk, Coaster Cross

1-2 Step R forward – Step L forward
3&4 Step R back – Step L in place – Step R in place
5-6 Turn ½ left stepping L forward – Turn ½ left stepping R back
7&8 Sweep L behind – Ball R next to L – Cross L over R (12.00)

II Turn, Side, Behind, Chasse, Grapevine, Turn, Hitch

1-2 Turn ¼ left stepping R side – Step L behind (09.00)
3&4 Step R side – Close L next to R – Step R side 5&6& Cross L over R – Step R side – Step L behind – Step R side
7-8 Cross L over R – Turn ¼ left hitch R figuring 4 (06.00)

III Rock Recover, Coaster Step 2x

1-2 Rock R forward – Recover on L
3&4 Step R back – Ball L next to R – Step R forward
5-6 Rock L forward – Recover on R
7&8 Step L back – Ball R next to L – Step L forward

IV Diagonal Lock Shuffle 2x, Pivot ¾

1&2 Step R diagonal forward – Lock L behind R – Step R diagonal forward
3&4 Step L diagonal forward – Lock R behind L – Step L diagonal forward
5-6 Step R forward – Turn ½ left moving weight on L
7-8 Step R forward – Turn ¼ left moving weight on L

Restart on wall 4 & 7 after 24 counts

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