

Hey Praise the Lord

拍数: 32 墙数: 4 级数: Improver
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音乐: Praise The Lord (feat. Thomas Rhett) - BRELAND



#16 count intro. - 4-Count Tag (1X) 8-Count Tag (2X)

Step, Kick, Back, Rock, Recover, Step, Kick, Back, Rock, Recover

1-2 Step left forward, kick right forward
3-4& Step right back, rock left back, recover to right
5-6 Step left forward, kick right forward
7- 8& Step right back, rock left back, recover to right

Triple Step, Step, ½ Turn, Triple Step, Step, ¼ Turn with Touch

1&2 Step left forward, step right by left, step left forward, Step right forward, ½ turn left taking weight to left
3-4 Step right forward, ½ turn left taking weight to left
5&6 Step right forward, step left by right, step right forward
7-8 Step left forward, ¼ turn right keeping weight on left and touch right toe by left (9:00)

Kick & Toe & Toe & Heel & Toe & Toe & Heel & Heel &

1&2& Kick right forward, step right in place, touch left toe by right, step left in place,
3&4& Touch right toe by left, step right in place, touch left heel forward, step left in place
5&6& Touch right toe by left, step right in place, touch left toe by right, step left in place
7&8& Touch right heel forward, step right in place, touch left heel forward, step left in place

Step, ½ Turn, Kickball Step, Wizard Step, Kickball Step

1-2 Step right forward, ½ turn left taking weight to left
3&4 Kick right forward, step right ball in place, step left slightly forward
5-6& Step right to slight right diagonal, lock left behind right, step right forward
7&8 Kick left forward, step left ball in place, step right slightly forward (3:00)

REPEAT

Tags: End of Wall 1 (facing 3:00): 4-Count Tag

V Step with Snaps

1&2& Step left out slightly forward, snap, step right out slightly forward, snap
3&4& Step left back in place, snap, step right back in place, snap

End of Wall 2 (6:00) & 5 (3:00): 8-Count Tag

V Step with Snaps, Step, ½ Turn, Step, ½ Turn

1&2& Step left out slightly forward, snap, step right out slightly forward, snap
3&4& Step left back in place, snap, step right back in place, snap
5-6 Step left forward, ½ turn right taking weight to right
7-8 Step left forward, ½ turn right taking weight to right

****Snaps Suggestions: First two are at head height and the third and fourth are at the waist**

Last Update - 12 Apr 2022