

# Insha Allah

拍数: 64      墙数: 2      级数: Phrased Easy Intermediate  
编舞者: Inne (INA), Maya Puspita (INA) & Rani (INA) - March 2022  
音乐: Insha Allah (feat. Fadly "Padi") - Maher Zein



SEQUENCE : A-B-B-A-B-B-A(32counts)-Tag-A-B-B-B-B(Ending)  
Intro 32 Counts

## • Part A (48 counts)

### I. CROSS ROCK, CHASSE, ½ TURN CROSS, BACK, CHASSE

1 , 2            Cross RF over LF, Recover onto LF  
3 & 4           Step RF to R, Close LF next to RF, Step RF to R  
5 , 6           Cross LF over RF, Make ¼ turn L Stepping RF back  
7 & 8           Make ¼ turn L Stepping LF to L, Close RF next to LF, Step LF to L (06.00)

### II. CROSS ROCK, CHASSE, ¼ TURN CROSS, BACK, CHASSE

1 , 2            Cross RF over LF, Recover onto LF  
3 & 4           Step RF to R, Close LF next to RF, Step RF to R  
5 , 6           Cross LF over RF, Make ¼ turn L Stepping RF back  
7 & 8           Step LF to L, Close RF next to LF, Step LF to L (03.00)

### III. STEP, SIDE ROCK CROSS, ROCK FWD, ½ TURN, WALK

1 , 2&          Step RF fwd, Rock LF to L, Recover onto RF  
3 , 4&          Cross LF over RF, Rock RF to R, Recover onto LF  
5 , 6           Rock RF fwd, Recover onto LF  
7 , 8           Make ½ turn R Walking fwd RF, LF (09.00)

### IV. STEP, SIDE ROCK CROSS, ¼ TURN CROSS SHUFFLE

1 , 2&          Step RF fwd, Rock LF to L, Recover onto RF  
3 , 4&          Cross LF over RF, Rock RF to R, Recover onto LF  
5 , 6           Step RF fwd, Make ¼ turn L Stepping LF in place (06.00)  
7 & 8           Cross RF over LF, Step LF to L, Cross RF over LF

### V. STEP SIDE, CROSS BEHIND, SWEEP, SIDE, CROSS ROCK, BIG STEP SIDE, TOUCH

1 , 2            Step LF to L, Cross RF behind LF  
3 , 4            Sweep LF front to back, Step RF to R  
5 , 6            Cross LF over RF, Recover onto RF  
7 , 8            Make a big Step LF to L, Touch RF next to LF

### VI. BACK ROCK, ½ TURN, BACK ROCK, SWAY

1 , 2            Rock RF back, Recover onto LF  
3 , 4            Make ½ turn L Stepping RF back, Recover onto LF  
5 , 6            Rock RF back, Recover onto LF  
7 , 8            Step RF to R Sway R,L

## • Part B (16 counts)

### I. CROSS ROCKS, ROCK FWD, CLOSE, ROCK FWD, CLOSE

1 , 2&          Cross RF over LF, Recover onto LF, Step RF to R  
3 , 4&          Cross LF over RF, Recover onto RF, Step LF to L  
5 , 6&          Rock RF fwd, Recover onto LF, Close RF next to LF  
7 , 8&          Rock LF fwd, Recover onto RF, Close LF next to RF

### II. DOROTHY R, DOROTHY L, PIVOT ½ TURN, WALK

1 , 2&            Step RF diagonal fwd, Lock LF behind RF, Step RF diagonal fwd  
3 , 4&            Step LF diagonal fwd, Lock RF behind LF, Step LF diagonal fwd  
5 , 6              Step RF fwd, Make ½ turn L Stepping LF fwd  
7 , 8              Walking fwd on RF, LF

• TAG (4 counts)

**WALKS, TOUCH**

1 - 4              Make ½ turn L Walking LF, RF, LF, Touch RF to R

• ENDING : Make ½ turn L Touch RF to side then pose.

**HAPPY DANCING!!!**

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