

Toxic

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - March 2022
音乐: Toxic - BoyWithUke : (Spotify)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(16 counts intro)

[S1] Touch-Unwind 1/2L, Cross-Side, Touch-Unwind 1/2R, Cross Rock, 1/4L-1/2L-

1 2 Touch L behind R, Unwind 1/2 turn left weight ends on L (6:00)
3& Cross R over L, Step L to the side
4 5 Touch R behind L, Unwind 1/2 turn right weight ends on R (12:00)
6& Rock L over R, Replace weight on R
7 8 Make a 1/4 turn left stepping forward on L, Make a 1/2 turn left stepping back on R (3:00)

[S2] -1/4L, Heel-Toe Fan L-R-Centre-Drop, Push Back-Back-Back Rock, Run Fwd-Heel-Toe Fan R-

1 Make a further 1/4 turn left stepping L to the side (12:00)
2&3& Touch R heel forward, Fan-in R toe to the left, Fan-out R toe to the right, R toe back to the centre/touch on R heel
4 Drop R toe onto floor/push forward on R
5&6& Push back on L, Step back on R, Rock back on L, Replace weight on R
7&8& Run forward on L-R (7&), Touch L heel forward, Fan-in L toe to the right

[S3] -Toe Fan L-R, Heel Grind Turn 1/4L, Back-Back, Back Rock-1/2L w/ Kick, Back Rock-1/4R w/Kick

1 2 Fan-out L toe to the left, Fan-in L toe to the right
3 Heel grind on L heel (weight on L heel) making a 1/4 turn left (9:00)
4& Step back on R, Step back on L
5&6 Rock back on R, Replace weight on L, Make a 1/2 turn left stepping back on R as you kick L foot forward (3:00)
7&8 Rock back on L, Replace weight on R, Make a 1/4 turn right stepping back on L as you kick R foot forward (6:00)

[S4] Back Rock, Step-Pivot 3/4R-Side, Behind, 1/4R, Step-Pivot 1/4R-Cross-Side

1 2 Rock back on R, Replace weight on L
3&4 Step forward on R, Make a 3/4 turn right recover weight on L, Step R to the side (9:00)
5 6 Step L behind R, Make a 1/4 turn right stepping forward on R (12:00)
7&8& Step forward on L, Make a 1/4 turn right recover weight on R, Cross Lover R, Step R to the side (3:00)

TAG: 4 count Tag: At the end of Wall 5 (3:00) – Side Rock, Back Rock w/Hitch

1 2 3 4 Rock L to the side, Replace weight on R, Rock back on L, Replace weight on R hitching L knee

**Ending suggestion: The last wall finishes facing 9:00.
Touch L behind R, Unwind 3/4L to the front wall.**

(updated: 30/Mar/22)